

### **KEYNOTES**

Donna Eden & David Feinstein, PhD Developer of Eden Energy Medicine Award winning author

Jack Canfield Originator, Chicken Soup for the Soul, World-renowned coach and author

Bruce Ecker, MFT Author, Unlocking the Emotional Brain

Rollin McCraty, PhD Director of Research, Heartmath Institute

Karen Newell & Eben Alexander, MD Developers of Sacred Acoustics, Author of Proof of Heaven

### INVITED PRESENTATIONS

Wendy Ann McCarty, PhD World leader in pre-perinatal psychology

> Gregory Nicosia, PhD Past president, ACEP

Roger Jahnke, OMD Qigong master

Cassandra Vieten, PhD President, IONS

#### MAY 29 1 DAY PRE-CONFERENCE TRAININGS

including Somatic Experiencing for Relational Trauma 7 Yoga Skills to Empower Your Clients Mindfulness Based Energy Psychology EP Approaches to Attachment and Autism Disorders

# MAY 28-29 2 DAY PRE-CONFERENCE TRAININGS

TFT Algorithm Training & Clinical Applications Essentials of Comprehensive Energy Psychology 1

#### JUNE 2

ONE DAY POST-CONFERENCE TRAININGS including Applying the Success Principles for Healers and Therapists Jack Canfield

### 45 BREAKOUTS WITH A WORLD-CLASS FACULTY

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# THE 16TH ANNUAL INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE

# TALK IS NOT ENOUGH ACTIVATING BROADER AND DEEPER LEVELS OF HEALING



Sheraton Wild Horse Pass Phoenix, AZ May 29-June 1, 2014

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# 16TH ANNUAL INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE

#### Who should attend?

- Psychologists
- Nurses
- Psychiatrists
- Social Workers
- Physicians
- Marriage & Family Therapists
- Chiropractors
- Energy Medicine Practitioners
- Counselors
- Alternative Health Care Providers
- Acupuncturists & TCM Practitioners
- Educators
- Clergy

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#### The Association for Comprehensive Energy Psychology

is the largest international nonprofit organization of its kind, with close to 1,300 members promoting professionally responsible energy psychology treatments and collaboration among practitioners, researchers, and licensing bodies.

For more information, visit our new website at energypsych.org.



# $\cdot$ AN INVITATION TO ATTEND $\cdot$

Since you are reading this, you are considering coming to the conference. If you are like me, you want to know if you will get value for your time and money. The short answer is YES, because we care for you on all levels: mind, body heart and soul. As you read the brochure you will see the quality of the content. The only problem is choice. It's a high quality problem.

How do we nurture, body, heart and soul? Much of this comes from the venues we choose that are always world class at extremely reasonable prices. Check out the hotel website. Your fee includes full breakfasts including protein. It is our deep intention to nurture you through actions small and large. The two modal comments we get are: "The most organized conference I have ever attended" and "I feel I have come home." Check out the YouTube video.

This year's theme: At ACEP we have known for some time that we can go deeper and broader than just talk. The rest of the therapy world is now catching up. The cutting edge of treatment now is learning about bottom-up approaches and other body based modalities. It really is "both, and" – both talk and other approaches. At ACEP we are always reaching out and building bridges. You will see a breadth of approaches as well as the opportunity to go deeper.

See you in Phoenix!

Robert Schwary, pop Robert Schwarz, PsyD, DCEP

ACEP Executive and Conference Director

# PRE-CONFERENCE INSTITUTES & SPECIAL EVENTS

### Wed and Thurs, May 28 and 29, 9:00am-5:30pm • 12 CE hours P1. Essential Skills in Comprehensive EP - Level 1

Understand EP within an overall perspective of sound science, practical application and ethical consideration. You will learn an array of tools you can use to customize treatment for specific client needs, along with a framework to integrate those tools within a psychotherapeutic model. This workshop can also serve as the first step in ACEP's certification program in comprehensive energy psychology.

Stephanie Eldringhoff, MA, LMFT, DCEP, is a licensed marriage and family therapist. Since 1993, she has specialized in energy approaches in her psychotherapy practice in Bellevue, WA.

# Wed and Thurs, May 28 and 29, 9:00am-5:00pm • 12 CE hours

# **P2.** TFT Training Made Easy: Algorithm Training and Clinical Applications

In this training you will learn the easy-to-use basic TFT algorithm and how to add specific acu-points to target specific issues. You will also learn to integrate TFT, and/or the EP techniques you already use, with CBT, couples therapy, and sex therapy. Finally, we will explore how EP techniques can be integrated with traditional trauma theories.

Suzanne Connolly, LCSW, LMFT, has trained over 2,000 people worldwide to use TFT and to integrate TFT in clinical settings. Her presentation venues include ten classes in Rwanda, Charity Hospital, Paris, Montreal, Kuwait, California State Prison for Youth, Tucson VA, and the Native American Diabetic Conference in Alaska.

### **Thursday May 29, Special All day Excursion • \$195 •** *No CE* Exploring Earth Energies

Tour three world-famous vortices in nearby Sedona. Drs. Leskowitz and Greene will set the foundation for our visit en route. Upon arrival, earth energy specialist Harvey Grady will facilitate experiences of the power and variety of Earth's energies. Transportation and lunch is included. (See website for more.)

**Thursday May 29, 1:00pm-4:00pm • Free with conference •** *4 CE hours* Research Symposium

# Saturday Evening May 31, 7:00pm-Midnight • \$68

16<sup>th</sup> Anniversary Gala Dinner: Join us for Dinner, Dancing & Live Music! More info to come...

### Thursday May 29, 7:30pm-9:30pm \$30

# • 1.5 CE hours Sound Enhancement of Deep Exploration of Consciousness

# Karen Newell and Eben Alexander, MD



Dr. Alexander shares his insights on consciousness, including the hard problem of consciousness, the illusion of a separate self, the brain as a reducing valve and the creative source that underlies reality. Karen Newell explains how our ancient ancestors utilized sound to engender altered states of awareness. She illustrates the effects of brain entrainment audio technology and how it offers an effective way for us to accelerate the process of connecting to spheres of non-local consciousness without having to "almost die." You will experience a sample recording using Sacred Acoustics' audio technologies, have the opportunity to share your experiences and can ask questions, enabling you to gain the most from the process.

**Dr. Eben Alexander**, author of the best-selling book, *Proof of Heaven: A Neurosurgeon's Journey into the Afterlife*, experienced profound states of consciousness during his near-death experience in 2008, and has since been on a continuing quest to find simple, teachable ways to access these non-material realms. He collaborates with audio meditation specialist **Karen Newell**, co-founder of Sacred Acoustics, to provide sound technology tools that allow all souls to come to their own deep knowing of universal truths. Sacred Acoustics develops brain entrainment audio technology that provides support for expanded non-local awareness and a deeper connection to our inner selves.

#### Friday Morning May 30, 8:00am-10:00am • 1.5 CE hours

# Energetic Connectivity: Coherence, Intuition and The Heart Field Environment

#### **Rollin McCraty, PhD**



This presentation will provide an understanding of heart-brain interactions and physiological coherence. It will present data showing how interconnectivity is being measured between people, people and animals, and with the earth itself. Covered topics include: 1) heart coherence and how it facilitates intuition, 2) data showing that the frequencies and resonances in the

earth's magnetic field overlap with both heart and brain rhythms and impact human health and behaviors on a global scale, and 3) an overview of the Global Coherence Initiative, including how new magnetic sensors are being used to study the effects of changes in earth's magnetic fields on humanity including nervous system activity, cognition, emotions and behavior. **Rollin McCraty, PhD,** is director of research of the HeartMath Research Center at the Institute of HeartMath. Dr. McCraty's research interests include the physiology of optimal function with a focus on the mechanisms by which emotions influence cognitive processes, behavior, and health. He is an adjunct professor at Clemson University and a fellow of the American Institute of Stress. His research has been published in the American Journal of Cardiology, Journal of the American College of Cardiology, Stress Medicine, Biological Psychology and Integrative Physiological and Behavioral Science as well as in many other journals.

### Friday Afternoon May 30, 5:00pm-6:45pm • 1.5 CE hours

# Bringing Energy Medicine to Trauma Treatment

### Donna Eden and David Feinstein, PhD





Energy medicine offers techniques for working with trauma survivors that can be used without necessarily revisiting the trauma. They may be applied with shock immediately following a trauma, with traumatic memories that periodically intrude, or with the ongoing effects of traumatic experiences. Healing at the body energy level clears a path for energy psychology techniques to be more effective. This presentation will show the role of triple warmer in unhealed trauma and will also explore strategies to pursue if standard energy psychology procedures are not working. Techniques for home use will also be demonstrated.

**Donna Eden** has been a pioneer in energy medicine for more than three decades. She is among the field's

medicine for more train three decades. She is among the field's most sought, joyous, and authoritative spokespersons. Her abilities as a healer are legendary and her book, *Energy Medicine*, the classic in its field, is available in some 20 languages. Donna and her husband, David Feinstein, direct the world's largest organization teaching energy medicine with more than 800 certified practitioners serving thousands of clients and teaching hundreds of classes around the world. www.LearnEnergyMedicine.com

David Feinstein, PhD, a clinical psychologist, has received nine national awards for his books on consciousness and energy healing. He has been a pioneer in developing innovative psychological approaches, particularly in the area of energy psychology. David has served on the faculties of The Johns Hopkins School of Medicine and Antioch College and has contributed some 80 articles to the professional literature. To learn more about his approach to energy psychology, visit www.EnergyPsychEd.com.

#### Keynotes continued on next page

# COME HOME

Listen to what others have to say about the conference youtube/8GeqyKalsOk

### Saturday Morning May 31, 8:00am-10:00am • 1.5 CE hours

# Memory Reconsolidation: The Innate, Core Process of Transformational Change Within Diverse Psychotherapies

### Bruce Ecker, MA, LMFT



Transformational change is evident in the permanent cessation of a problematic pattern of behavior, affect, thought or somatization, and in the effortlessness with which this liberating shift persists, needing no ongoing regulation. Memory reconsolidation, shown by neuroscientists to be the brain's innate process for unlocking, unlearning and erasing an ingrained

emotional learning, appears to be the core process in play whenever transformational change occurs in any type of psychotherapy. Until now, we've had no rigorous, empirical knowledge of deep, lasting change that is independent of theoretical schools, available to all clinicians for consistently guiding therapeutic breakthroughs. This talk explains these historic developments.

**Bruce Ecker, MA, LMFT**, is co-director of the Coherence Psychology Institute, co-originator of coherence therapy, and coauthor of Unlocking the Emotional Brain: Eliminating Symptoms at Their Roots Using Memory Reconsolidation; the Coherence Therapy Practice Manual & Training Guide; and Depth Oriented Brief Therapy: How To Be Brief When You Were Trained To Be Deep and Vice Versa. He has contributed extensive innovations in concepts and methods of experiential psychotherapy, and has driven the clinical field's recognition of how memory reconsolidation research translates into a new domain of therapeutic effectiveness and psychotherapy integration.

### Sunday Afternoon June 1, 2:00pm-3:30pm • 1.5 CE hours

# The Success Principles for Healers & Therapists Jack Canfield



Therapists and healers, first heal your own blocks to success! Jack Canfield is uniquely qualified to coach you on success. In this fast-paced, entertaining and powerful keynote, Jack will describe the common blocks that therapists and healers have. He will teach you how to heal these blocks by explaining the latest breakthrough principles emerging from

neuroscience, quantum physics and peak performance studies, and relate them to your practice. You will learn how to use these principles to rapidly achieve your goals – in your career, finances and personal life.

Jack has devoted more than forty years to uncovering universal principles for achieving the extraordinary. You will learn key strategies from his best-selling book, *The Success Principles: How to Get From Where You Are to Where You Want to Be*, that are most useful for healing professionals.

Jack Canfield As the beloved originator of and driving force behind the *Chicken Soup for the Soul*<sup>®</sup> series (with over 100 million books sold), Jack Canfield is uniquely qualified to talk about success. He is a Harvard graduate with an MA in psychological education and was one of the earliest champions of peak-performance. He has developed the specific methodology and results-oriented activities to help people take on greater challenges and produce breakthrough results.

His proven formula for success reached global acclaim with his national bestseller, *The Success Principles™*: How to Get From Where You Are to Where You Want to Be. Jack's latest publication Tapping Into Ultimate Success: How to Overcome Any Obstacle and Skyrocket Your Results features energy psychology to make achieving success easier than ever before.

# · ONE DAY PRE-CONFERENCE WORKSHOPS ·

### Thursday May 29, 9:00am-5:00pm

#### • 6 CE hours unless otherwise noted

Additional fee required - special pricing when you attend the conference. Registration is limited. Sign up early to guarantee your place.

Attend one of these events and attend the Thursday evening keynote for free, a \$30 value! For one-day only pricing and longer descriptions about these pre-cons go to energypsych.org

### P3. Seven Yoga Skills to Empower Your Client and Take Care of You! (No NBCC CE credit)

Learn evidence-based aspects of yoga for a clinical setting that will help your clients access their energy, sense their bodies, feel their emotions, and provide the tools to selfregulate. You will leave this session feeling relaxed and energized, confident in your ability to integrate yoga into your clinical work. Amy Weintraub, MFA ERYT500, trains yoga and health professionals internationally. She is the author of *Yoga for Depression* and *Yoga Skills for Therapists*. Amy developed the LifeForce Yoga protocol, used by health care providers worldwide. She is involved in ongoing research on the effects of yoga on mood.

### P4. Foundations of the Master/Chinese Energetics that Every EP Should Possess

Go beyond Tapping. Learn nine specific Dao Yin practices to cultivate Qi so that you can become the optimal healer. Learn how to apply these approaches with different disorders and personality types, including the difference between moving blockages (stuck Qi) and actually projecting Qi into client's channels.

Ted Cibik, DP, DMQ Sifu Cibik is considered an international expert in medical Qigong, Qigong for health, internal martial arts including Taijichuan, and Chinese medicine. Dr. Cibik's council has been requested by the National Institutes of Health on stress management and exercise science, specializing in Qigong.

# **P5.** How to Heal Trauma Safely and Efficiently with Eye Movements and Acupressure

EMDR and EFT are scientific treatments for traumatized persons. Iconic factors of each approach (eye movements and acupoint stimulation, respectively) are key treatment components of Brain Synchronization Therapy (BST), a hybrid practice developed by the presenter some fifteen years ago. Participants will practice BST under supervision.

John Hartung, PsyD, practices in Colorado Springs as an executive coach, university professor, and independent psychotherapist. He has taught leadership, coaching, innovative therapies, and positive psychology in thirty countries through the Bodymind Integration Institute of Singapore, the EMDR Institute, UNICEF, and Save the Children.

# P6. Healing the "Bottom-of-the-Well" Depths of the Subconscious Body/Energy/Mind System

Learn to reach the deepest level of emotional healing in the psyche with a word. Observe how your subconscious can encompass and integrate your body, energy system, and mental programming; experience your awareness and expectancy. Intention activates them all to eliminate problems at their source!

Larry Phillip Nims, PhD, developer of BE SET FREE FAST (BSFF) is a licensed psychologist with thirty-five years in private practice. He has trained professional counselors in several countries and published two BSFF books and a DVD series.

Alfred Heath, MA, LPC, assists clients to find physical, emotional and spiritual wellbeing through psychological coaching, psychospiritual facilitation, energy psychology, energy healing, and awareness-and-intention-based self-help techniques.

# P7. Healing Relational Trauma with Somatic Experiencing

Somatic experiencing (SE) offers a hopeful, gentle method, using the body's organic intelligence to promote trauma healing. Participants will learn how to: enhance relational co-regulation, track micro-movements as links to emotional distress patterns and combine EP and SE to maximize clinical results.

Maggie Phillips, PHD, DCEP, is the author of four books, including Finding the Energy to Heal and Reversing Chronic Pain. Her latest book is Freedom From Pain: Discover Your Body's Power to Overcome Physical Pain. The winner of the Cornelia Wilbur award from ISSTD and the President's Award and Crasilneck awards from ASCH, she teaches worldwide on EP, hypnosis and mind body approaches to pain and trauma.

### P8. Mindfulness-Based Energy Psychology (MBEP) and Tonglen: A Way Beyond Symptoms

This workshop covers an integration of MBEP with Tonglen and the Sedona Method. The approach is a radical shift in the way problems are usually perceived and processed, facilitating generative change, rather than simply attempting to eliminate symptoms.

**Dr. Fred Gallo** is an energy psychology pioneer and author of numerous articles, manuals, and eight books. He is the author of *Energy Psychology* and co-author of *Energy Tapping*. He presents on EP and related methods worldwide. He is president-elect of ACEP.

# **P9.** The Phoenix Effect Process: Using Focused Imagery & Mindfulness to Transform Problems

A unique imagery technique for energy transformation, The Phoenix Effect Process eliminates negative emotions, beliefs and behaviors and heals relationships. Requiring minimal personal disclosure, involving no tapping or muscle testing, it works faster than other more complex modalities or talk therapy. Experiential, comprehensive hands-on training is included.

**Gloria Arenson, MFT, DCEP**, past president of ACEP, is author of award winning How to Stop Playing the Weighting Game, Born to Spend, Five Simple Steps to Emotional Healing, Desserts Is Stressed Spelled Backwards, Freedom At Your Fingertips, and EFT For Procrastination.

# P10. Using Ask and Receive for Physical Issues

Learn to use Ask and Receive to release the traumas and limiting beliefs that are associated with various physical symptoms including infections, pain, diabetes and weight gain. In this experiential workshop, you will have the opportunity to release your own physical complaints and ask for health.

Sandra Radomski, ND, LCSW, is a social worker and a naturopathic doctor. She taught for eight years in the medical school at the University of Wisconsin. She is the creator of Allergy Antidotes as well as co-creator of Ask and Receive.

Thomas Altaffer, MSW, LCSW, a licensed clinical social worker, has extensive training in child and family therapies and NLP. He has been treating families, couples and children since 1985. He is the creator of the Releasing Technique, Higher States Therapy and co-creator of Ask and Receive.

### P11. Using Energy Psychology for Attachment, Autism Spectrum Disorders

Attachment issues and behaviors are core for children with autism as well as those who have experienced adoption, divorce, addiction, abuse, or war. Attachment can be enhanced with play and energy psychology for children as well as caregivers. Join Mary and Amanda in transforming families and classrooms.

Mary Hammond, MA, LPC, DCEP, is a therapist, trainer, consultant, and author. Mary brings her unique expertise in addictions, EP and process oriented and developmental clinical skills to address the complexities of attachment, addictions and their interface with trauma.

Amanda Freger, MEd, DCEP, is a licensed behavior specialist. She serves as the director of autism services for Highlands Hospital and oversees the Child Diagnostic Center. She has trained in EMDR and EP to treat trauma, mood and pain disorders and learning challenges.

### P12. What Energy Medicine Has to Offer Energy Psychology

In this class you will learn simple, effective techniques derived from energy medicine that will show you how to increase your success with clients facing a wide variety of psychological and spiritual challenges. Energy medicine is a powerful adjunct to energy psychology.

Donna Eden and David Feinstein, PhD, DCEP (See bios on page 3)

# Breakouts Tracks at a Glance

- 2 CE hours unless noted \*no CE, ‡no NBCC CE
- 1. Fundamentals of Energy Psychology
- 2. Specific Populations
- 3. Specific Approaches
- 4. Integrated Approaches to Energy Psychology

#### SESSION A FRIDAY, MAY 30, 2014 10:30AM - 12:30PM

#### A1. Ideomotor Cueing: Portal to the Unconscious

Ideomotor cueing gives us another perspective on reality through accessing the inner wisdom of the body. It is an essential part of the guidance that directs EP techniques, deriving from collaboration between tester and subject, and yielding insight from outside of conscious awareness.

Gregory Nicosia, PhD, DCEP (see bio on page 10)

# A2. Integrative Approaches to Transcend Grief and Loss

Whether you have lost a loved one, a relationship, or a job, the energy of grief often weighs heavily upon your heart, making it difficult to enjoy life after a loss. Learn integrative EP techniques to transcend the energy of grief and loss.

Sherry Lynn O'Brian, LCSW, DCEP, is a psychotherapist who has helped thousands of individuals to transform their pain into possibility through her workshops, groups, and private practice. She is certified in CEP, EFT, IET, advanced clinical hypnotherapy, bereavement counseling, Psych-K™ and guided imagery.

# A3. How to Create Stable Boundaries and Prevent Burnout

Have you ever had an unpleasant interaction with someone and walked away feeling upset even though you know it's not personal? In this muchneeded seminar, participants will learn "The Boundary Tap" technique for sealing energetic boundaries and clearing out unwanted negative energy.

Judith Swack, PhD, is a scientist, teacher, healer and visionary who has synthesized biomedical research with techniques from other healing systems. The results are Healing from the Body Level Up, an innovative and powerful methodology with transformative results. She has published and been cited in professional journals.

#### A4. Deep Reversals – and How to Resolve Them

Some clients are captive to deep and pervasive forms of "reversal" that actively oppose healing. This workshop will explore the nature of these deep reversals and how to resolve them – particularly using a potent spinning-fields visualization.

**Phil Mollon, PhD, DCEP**, is a clinical psychologist and psychoanalyst from England. He teaches energy psychology widely in the UK and is the developer of Psychoanalytic Energy Psychotherapy (PEP). He serves on the board of ACEP.

- 5. Up Your Game and Help Others Do the Same
- 6. EP Roots: Qigong and TCM
- 7. Spirituality and Consciousness
- 8. Body-Focused Therapies
- 9. Potpourri of Energy Psychology

# A5. EmoTrance for Optimal Achievement in Performance Based Activities\*

EmoTrance provides a simple and practical energetic approach to decreasing anxiety and enhancing success in performance based activities. We will focus on assisting the client to become aware of the movement of energy within and clear energy disturbances through the EmoTrance protocol for optimal performance.

Teresa E. Lynch, PT, DPT, author of *Stressfish Guide to EmoTrance* and international lecturer on modern energy therapies and bodywork, holds a master's degree in health sciences and a transitional doctorate in physical therapy from Thomas Jefferson University.

#### A6. Simple Qigong Applications for Anxiety, Depression and ADD Signs and Symptoms‡

Enhance your knowledge of classical Chinese medicine for emotional health and learn differential diagnosis for determining tonify, sedate or harmonize techniques to three common complaints: anxiety, depression and ADD. Increase your skills in EP diagnostics and interventions and learn simple gigong for specific client presentations.

Wanda Warren, MS, a medical intuitive and qigong practitioner for more than twenty-five years, is also a dually licensed master-level physical therapist and acupuncture /oriental medicine physician specializing in somato-emotional health. Wanda provides consultations for individuals and practices seeking an integrative system approach to health.

#### A7. The Embodied Mind: Neural Integration and Tibetan Buddhist Energy Practices

This workshop introduces the principles of energy pathways in the Tibetan Bön lineage, and integrates these ancient practices with insights from interpersonal neurobiology and energy psychology. Through breath and sound meditation, participants learn to awaken spacious, luminous awareness to transform the suffering mind.

**B.** Raven Lee, PhD, LCSW, DCEP, is a Jungian psychotherapist, Tibetan meditation teacher, and shaman healer. She integrates interpersonal neurobiology, clinical hypnotherapy, Reiki, EP, and dreamwork into her private practice and presentations, which specialize in mind/ body healing, spirituality, trauma and soul fragmentation.

# A8. Energy Tapping and Acupuncture for Physical Symptoms of Grief

Unresolved grief can manifest in the body as persistent physical symptoms, particularly involving the lungs and sinuses. It is an imbalance in the metal element, according to Chinese fiveelement theory. Effective treatment of these metaphorical symbolic illnesses can be facilitated using acupuncture and energy psychotherapy.

Larry Burk, MD, CEHP, specializes in MRI, acupuncture, hypnosis and EFT. He learned EFT in 2002 and completed ACEP certification in 2010. His publications include EFT for Stress-Related Symptoms After Motor Vehicle Accidents and a book, Let Magic Happen: Adventures in Healing with a Holitic Radiologist.

#### A9. Using TAT to Enhance Your Presence with Clients and Why Your Presence Matters‡

When you work with clients, the more present you are, the easier it is to get the results you want. Wonder why? Come find out, learn how to be more present – and experience how to dissolve whatever's in the way.

Tapas Fleming, LAc, a California licensed acupuncturist, created a simple technique (TAT®) that can gently and easily reduce stress, end limiting beliefs, and greatly enhance presence. One of the most celebrated leaders in energy psychology, Tapas has taught TAT to hundreds of thousands of people worldwide.

### SESSION B FRIDAY, MAY 30, 2014 2:30PM - 4:30PM

#### B1. Identifying and Treating Systemic Energetic Interferences

In this interactive session you'll learn to identify and treat systemic energetic interferences – the most frequently encountered impediments to client progress. These interferences may also prevent EP treatments from bringing lasting effects and cause client frustration and discouragement.

Joanne Karpinen, PhD, DCEP, EEM-CP, is a consultant for ACEP's certification program and serves on the certification and membership committees. She has private practices in psychology and energy medicine. Joanne is an authorized teacher for Eden Energy Medicine 101/102.

# B2. Storytime: Integrating EP into Therapeutic Storytelling

Explore how to incorporate energy psychology techniques and modalities into the art of therapeutic storytelling. We will discuss how to access the unconscious material that fuels problems, create therapeutic stories as a treatment focus, and treat using energy psychology. Our focus will be children and adolescents.

Mary Underwood, LISWCP, DCEP, is an independently licensed clinical social worker in private practice. She is a DCEP and certified in AIT. Mary has also trained in various other EP modalities, including EFT, HAT and BodyTalk.

#### B3. When it's Not the Client's Trauma: Integrating Family Constellations and Energy Psychology

Using cases, a detailed example, and live demonstration, this session highlights the origins, techniques, effectiveness, and perspective of Family Constellations – illustrating their use in conjunction with energy psychology to relieve debilitating family-system bondings that anchor the client's individual energy field in patterns of change-resistant failure. Michael Reddy, PhD, CPC, counselor, certified coach, author, shamanic practitioner, and leader in the US of a family systems modality called Family Constellations. In addition to training practitioners, he helps people who have become trapped in chronic emotional or physical suffering recover their health and happiness.

#### B4.Psychological Freedom Therapy: Optimize Therapy Results Through the Integration of TFT and EFT

How many times have you attended a great workshop and not implemented the techniques you were taught? Whether you are a TFT, EFT therapist or healer, you will learn and be able to apply techniques to create psychological freedom for your clients and yourself.

**Robert Pasahow, PhD,** is a licensed psychologist, ACEP member, and EFT and TFT therapist. He is the only member of both ACEP's and TFT's research committees. He has published on TFT for pain, vertigo and tinnitus and promoting insight with energy psychology toxins.

#### **B5. Effective Social Media Marketing** for the Conscious Leader\*

Are you effectively using social media? Conscious, cost-effective online outreach is easier than you think. Develop a customized plan for building your EP influence using Facebook, Twitter, LinkedIn, YouTube, email, blogs, books and more! Plus enjoy group energy clearings to release your marketing resistance throughout the day.

Betsy Muller, MBA, CEHP, is a coach and best-selling author who has helped thousands discover their potential through conscious self-care. With an MBA and over thirty years of business experience, Ms. Muller is a certified energy coach, energy health practitioner, soul detective, ACP-EFT practitioner and non-denominational minister.

#### B6. Translating Words Into Action: Using Tai Chi as Therapeutic Metaphor

With names like "Wave Hands Like Clouds" and "Grasping Sparrow's Tail" it becomes evident that Tai Chi is symbolic, archetypal, and potentially therapeutic in nature. Explore how these postures can be overlaid with Five Element Theory, expanding your repertoire of in-office interventions and take-home work.

Michael DeMolina, PhD(c), LPC, DCEP, has over twenty-five years as a psychotherapist and adult educator. He is ACEP's lead EFT Trainer in North America, a certified Trainer with the Society of Neuro-Linguistic Programming (NLP), and is a past chairman of the National Qigong Association.

#### B7. The Sacred Marriage from Within: Igniting the Archetypal Alchemy of the Earth's Consciousness\*

The mythic world of Soul-Based Energy Medicine™ (SBEM) is a sacred pilgrimage into the inner landscape of energy psychology. Explore the SBEM™ tribal archetypal wisdom of the Sacred Feminine and Divine Masculine to open the gateways/portals of the Sacred Marriage from Within, creating internal intimacy.

Gaisheda Kheawok is a peace elder, seer, medicine person and honored member of the Seneca Wolf Clan. She is the founder/executive director of the Whispering Song School of Energy Medicine, where she has been teaching and practicing as a shamanic facilitator for over twenty-five years.

#### B8. Freedom from Food Addiction and Emotional Eating: RITT to the Rescue!

Got Stress? Got Cravings? Get RITT! Use Rapidly Integrated Transformation Technique (RITT) to release what's conscious (from the branches) and what's unconscious (from the roots). Join us to clear cravings, reduce anxiety, manage stress, and feel energized using the easy-to-follow RITT script.

Meryl Hershey Beck, MA, LPCC, has presented at international conferences and has been featured on radio and television. Her book *Stop Eating Your Heart Out: The 21-Day Program to Free Yourself From Emotional Eating* combines her personal and professional knowledge of eating disorders.

#### B9. Five-in-One-Process: Creating New Neuronal Patterns Through Dialoging with the Inner Parts\*

This workshops teaches participants how to help clients identify images as a helping call from inner parts that they may not recognize; then how to use those inner images for information to resolve inner conflict.

Kerstin Warkentin is a CEHP coach for personal performance, the creator of Five-in-one-Process, an EFT trainer, EFT-D.A.CH. Association, EFT-CC, EFT-ADV by Patricia Carrington, and a AMT EFT master practitioner by Silvia Hartmann.

### SESSION C SATURDAY, MAY 31, 2014 10:30AM - 12:30PM

# C1. What's a Psychological Reversal and Why Should I Care?

Many clients lack full inner permission to make the changes they want. The common EP term for this phenomenon is "psychological reversal" (PR). This presentation shows you powerful strategies for supercharging your clients' success by identifying and intervening with their PRs. Includes demonstration and practicum.

Lynn Karjala, PhD, DCEP, EFT-ADV, specializes in trauma treatment. She is trained in hypnosis, AIT, EFT, TAT and BSFF and has published two books. She is chairwoman of ACEP's CEP certification committee.

#### C2. Wholistic Healing: WHEE for Traumas Speaking Through the Body

Trauma often "speaks" through physical symptoms such as pain, weakness, hypertension, gastrointestinal symptoms, skin disorders and obesity. WHEE (Wholistic Hybrid derived from EMDR & EFT) enables you to interpret these trauma messages, clear them and transform them into deeply healing experiences.

Daniel Benor, MD, ABIHM wholistic psychotherapist, developed WHEE: Wholistic Hybrid derived from EMDR and EFT. He authored Seven Minutes to Natural Pain Release; Healing Research, I-III; is on ACEP's Advisory Council; and edits the International Journal of Healing and Caring.

#### C3. Covering More Territory in Less Time: Broader Treatment Approaches with Be Set Free Fast

Explore the subconscious's capacity to resolve multiple emotional and mindbody problems simultaneously, using the supercomputer-like multi-processing speed with which the subconscious manages multiple human systems. Applying current BSFF protocols, participants experience four different kinds of breadth.

Larry Phillip Nims, PhD, developer of BE SET FREE FAST (BSFF), is a licensed psychologist with thirty-five years in private practice. He has trained professional counselors in several countries and has published two BSFF books as well as a DVD series.

Alfred Heath, MA, LPC, is a licensed professional counselor, certified NLP, clinical hypnotherapist, BSFF trainer, quantum entrainment facilitator, and ordained minister.

# C4. Why Bruce Ecker's Keynote on Reconsolidation Matters for EP

This presentation will show you how EP practitioners are already applying the principles by which nature updates and replaces deep emotional learnings and longstanding behavioral patterns, as outlined by Bruce Ecker, and will help you to become more facile with them.

David Feinstein, PhD (see bio on page 3)

#### C5. Marketing Your Energy Psychology Practice: Authentically and Effectively\*

A step-by-step solution to the challenges of marketing an EP practice, including practical, effective techniques for reaching new clients without confusing them, combined with helpful tools for overcoming limiting beliefs and marketing misunderstandings so that attracting new business becomes easier.

**Pamela Bruner** is a business coach and EFT expert working with coaches and healers to build their practices. She is the co-author of *EFT* and *Beyond*, and is co-author with Jack Canfield of the book *Tapping into Ultimate Success*.

#### C6. Tong Ren Energy Therapy: Accessing the Collective Unconscious to Heal Mind-Body-Spirit

A fast-paced conceptual overview and lively demonstration of Tong Ren. Drawing on Jung's theory of the collective unconscious, TR is a highly targeted method of directing healing energy that restores the flow of bioelectricity, vitality, and one's sense of physical and emotional well-being.

Janice Goldman, PhD is on the faculty in the College of Management at UMass. Boston. She received her PhD from the Dept. of Urban Studies & Planning, MIT. She is writing about Tong Ren as an emergent form of health care delivery.

Karen Krowski, EdD, is a licensed school psychologist and holistic practitioner on Martha's Vineyard, specializing in EP, Australian Bush Flower Essence therapy for emotional care, and Tong Ren Energy Therapy.

Get the latest updates and more details at energypsych.org

# $\cdot$ CONFERENCE AT A GLANCE $\cdot$ TRACKS 1-4 $\cdot$

* No CE credit ‡ No NBCC credit	<b>TRACK 1</b> Fundamentals of EP	<b>TRACK 2</b> Specific Populations	<b>TRACK 3</b> Specific Approaches	<b>TRACK 4</b> Integrated Approaches to EP	
THURSDAY, MAY 29	Evening Keynote (\$30) ~	Evening Keynote (\$30) ~ Karen Newell and Eben Alexander, MD • 7:30pm – 9:30pm			
FRIDAY, MAY 30	Morning Keynote ~ Rolli	n McCraty, PhD • 8:00am –	10:00am		
<b>SESSION A</b> Morning Workshops 10:30am – 12:30pm	Ideomotor Cueing: Portal to the Unconscious Gregory Nicosia, PhD, DCEP	Integrative Approaches to Transcend Grief and Loss Sherry Lynn O'Brian, LCSW, DCEP	How to Create Stable Boundaries and Prevent Burnout Judith Swack, PhD	Deep Reversals – and How to Resolve Them Phil Mollon, PhD, DCEP	
	Lunch Break and Annual	Meeting • 12:30pm – 2:30p	om		
<b>SESSION B</b> Afternoon Workshops 2:30pm – 4:30pm	Identifying and Treating Systemic Energetic Interferences Joanne Karpinen, PhD, DCEP	Storytime: Integrating EP into Therapeutic Storytelling Mary Underwood, LISWCP, DCEP	When it's Not the Client's Trauma: Integrating Family Constellations and EP Michael Reddy, PhD, CPC	Psychological Freedom Therapy: Optimize Therapy Results with TFT & EFT Robert Pasahow, PhD	
	Afternoon Keynote ~ Do	nna Eden and David Feins	tein, PhD • 5:00pm – 6:45pm	ı	
SATURDAY, MAY 31	Morning Keynote ~ Bruc	e Ecker, MA, LMFT • 8:00ai	m – 10:00am		
<b>SESSION C</b> Morning Workshops 10:30am – 12:30pm	What's a Psychological Reversal and Why Should I Care? Lynn Karjala, PhD, DCEP	Wholistic Healing: WHEE for Traumas Speaking through the Body Daniel Benor, MD, ABIHM	Covering More Territory in Less Time: Broader Treatment Approaches with BSFF Larry Phillip Nims, PhD Alfred Heath, MA, LPC	Why Bruce Ecker's Keynote on Reconsolidation Matters for EP David Feinstein, PhD	
	Lunch on Your Own • 12:30pm – 2:00pm				
INVITED PRESENTATIONS Gregory Nicosia, PhD • 2:00pm – 3:15pm Cassandra Vieten, PhD • 2:00pm – 3:15pm					
Roger Jahnke, OMD • 3:30pm – 4:45pm Wendy Anne McCarty, PhD, RN • 3:30pm – 4:45pm					
Mini Exhibitor Workshops and Movement Session • 5:00pm – 5:45pm Dinner/Dancing Banquet ~ \$68 • 7:00pm – Midnight					
SUNDAY, JUNE 1					
<b>SESSION E</b> Early Morning Workshops 8:00am – 10:00am	First Steps Toward Mastering the Chakras Stephanie Eldringhoff, MA, DCEP	Rising From the Ashes: Raising the Level of Consciousness to Reduce Risk of Suicide Ron Masters, MSW, LCSW	Phantom Limb Pain: The Tip of the Energy Medicine Iceberg <i>Rick Leskowitz, MD</i>	Emotional, Relational, Moral and Spiritual Forgiveness using TFT & EP Robert Bray, PhD, LCSW, CTS	
<b>SESSION F</b> Late Morning Workshops 10:30am – 12:30pm	Orientations to Chinese Meridians Michael Galvin, PhD, DCEP	A Three-Pronged Approach to Treating Panic Using CBT, DBT and EP Techniques Lauren Somers, EDD, NCC, LPC	Integrating EP and Dreamwork: Dream to Freedom Technique Robert Hoss, MS Lynne Hoss, CEHP, MA	Using Psychology with EP Approaches: Discussion and Sharing of Clinical Components John Diepold Jr, PhD, DCEP	
	Lunch on Your Own • 12:30pm – 1:45pm Closing Keynote ~ Jack Canfield • 2:00pm – 3:30pm Closing Ceremony • 3:30pm – 3:45pm				

About the Track System You are NOT required to sign up for a specific track. You can still attend any workshop at the conference. The purpose is to make the many options less overwhelming. You can create a conference experience that is customized to suit your needs. Some workshops fit more than one track.

* No CE credit # No NBCC credit · CONFERENCE AT A GLANCE · TRACKS 5-9 ·					
	<b>TRACK 5</b> Up Your Game & Help Others	<b>TRACK 6</b> Qigong & TCM	<b>TRACK 7</b> Spirituality & Consciousness	<b>TRACK 8</b> Body-Focused Therapies	<b>TRACK 9</b> Potpourri of EP
THU	RSDAY, MAY 29	Evening Keynote (\$30) ~ Ka	ren Newell and Eben Alex	ander, MD • 7:30pm – 9:30p	om
FRID	DAY, MAY 30	Morning Keynote ~ Rollin N			
SESSION A MORNING	EmoTrance for Optimal Achievement in Performance Based Activities* Teresa E. Lynch, PT, DPT	Simple Qigong Applications for Anxiety, Depression & ADD Signs & Symptoms‡ <i>Wanda Warren, MS</i>	The Embodied Mind: Neural Integration & Tibetan Buddhist Energy Practices B. Raven Lee, PhD, DCEP, LCSW	Energy Tapping and Acupuncture for Physical Symptoms of Grief Larry Burk, MD, CEHP	Using TAT to Enhance Your Presence with Clients & Why Your Presence Matters‡ <i>Tapas Fleming, L</i> Ac
		Lunch Break and Annual Me	eeting • 12:30pm – 2:30pm		
SESSION B AFTERNOON	Effective Social Media Marketing for the Conscious Leader* Betsy Muller, MBA, CEHP	Translating Words Into Action: Using Tai Chi as Therapeutic Metaphor Michael DeMolina, PhD(c), LPC	The Sacred Marriage from Within: Igniting the Archetypal Alchemy of the Earth's Consciousness* Gaisheda Kheawok	Freedom from Food Addiction & Emotional Eating:RITT to the Rescue! Meryl Hershey Beck, MA	Five-in-One-Process: Creating New Neuronal Patterns Through Dialoging with Inner Parts* Kerstin Warkentin
		Afternoon Keynote ~ Donn	a Eden and David Feinstei	n, PhD • 5:00pm – 6:45pm	
SATU	JRDAY, MAY 31	Morning Keynote ~ Bruce E	Ecker, MA, LMFT • 8:00am ·	- 10:00am	
SESSION C MORNING	Marketing Your EP Practice Authentically and Effectively* Pamela Bruner	Tong Ren Energy Therapy: Accessing the Collective Unconscious to Heal Janice Goldman, PhD Karen Krowski, EdD	Align with the Divine: The Sacred Role of the Healer Mary Sise, LCSW, DCEP	Neuro Emotional Technique™ (NET): The Lesser Known EP Jef Gazley, LMFT, DCEP	Logosynthesis: The Amazing Power of Words Yves Wauthier Freymann
		Lunch on Your Own • 12:30	om – 2:00pm		
INVI	INVITED PRESENTATIONS Gregory Nicosia, PhD • 2:00pm – 3:15pm Cassandra Vieten, PhD • 2:00pm – 3:15pm				
	Roger Jahnke, OMD • 3:30pm – 4:45pm Wendy Anne McCarty, PhD, RN • 3:30pm – 4:45pm				
Mini Exhibitor Workshops and Movement Session • 5:00pm – 5:45pm Dinner/Dancing Banquet ~ \$68 • 7:00pm – Midnight					
SUN	DAY, JUNE 1				
<b>SESSION E</b> EARLY MORN	Transforming Athletes into Champions: Applying EFT & EP in Sports Greg Warburton, MS, LPC	Balancing the Chakras for Successful, Loving Relationships‡ Paula Shaw, CADC, DCEP	Past Life Energy Impacts Current Life: Treating Clients with Resistant Issues Barbara Folts, MS	Integrate Entrainment into Mind-Body Health: Applying Music to Heal Trauma Judith Pinkerton, MT-BC/L Amy Frost, MBA, MA	Our Body Holds Our History: Even From Ages Past: Healing the Body Stored in Ancient Memory Mary "Mo" Wheeler, PhD
SESSION F LATE MORN	How to Become an Ethically Successful "PsychInfoPreneur" David Gruder, PhD, DCEP	9 Realms of Revelation: Qigong that Mines for the Golden Elixir of Peace Within Roger Jahnke, OMD	Healing Ancestral Wounds Barbara Stone, PhD, DCEP	Reliably Preserve Self and Maintain Strong Energetic Boundaries in EP Practice Howard Brockman, LCSW, DCEP	EFT to Enhance Sexual Energy: Improving Clinical Skills in Working with Sexuality Related Issues‡ Craig Weiner, DC; Alina Frank
Lunch on Your Own • 12:30pm – 1:45pm Closing Keynote ~ Jack Canfield • 2:00pm – 3:30pm Closing Ceremony • 3:30pm – 3:45pm					

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#### C7. Align with the Divine: The Sacred Role of the Healer

This workshop will discuss the difference between working in alignment with the higher self, and as an ego/personality. We will learn how to strengthen the alignment with the higher self in order to serve others, and to how to identify and release the beliefs that keep us stuck.

Mary Sise, LCSW, DCEP, is a past president of ACEP and co-author of The Energy of Belief: Psychology's Power Tools to Focus Intention & Release Blocking Beliefs. She is the program director of Her Holiness Sai Maa's Transformational Healers Program.

#### C8. Neuro Emotional Technique™ (NET): The Lesser Known EP: The Basic Protocol

Learn an overview of NET, including the similarities and differences between NET<sup>™</sup> and other energy psychotherapies. NET<sup>™</sup>, one of the original energy psychotherapy schools, stresses the intricate mind-body connection, giving special emphasis to repetition compulsions, emotion/ meridian correlation, and memory dynamics.

Jef Gazley, LMFT, DCEP, has been practicing energy psychotherapy since 1975. He is the developer of Tri-Brain Trauma Therapy, the ADD-care supplement line, and the author of five EP DVDs.

#### C9. Logosynthesis: The Amazing Power of Words

Logosynthesis® is a new model and treatment method in psychotherapy and coaching, based on the power of words as an energetic principle of change. This workshop presents an introduction to Logosynthesis theory, practical exercises and offers a video or live demonstration.

Yves Wauthier Freymann is a psychotherapist specializing in brief therapy and treatment of post traumatic stress. He is a certified trainer in energy psychology, a neurological therapist, and a practitioner of Ericksonian hypnosis, NLP, Internal Family System (IFS) and Logosynthesis.

# · INVITED PRESENTATIONS ·

### Saturday Afternoon, May 31 • 1.25 CE hours

# 2:00pm-3:15pm

# To Engender Healing, Know the Power of Being Human

#### **Gregory Nicosia, PhD**



So you want to be a healer. Do you know who you are? Why you are here? What you are capable of being? What your limitations are? Hear the answers and the science behind these and other essential knowings learned on the journey of a teacher and healer. Ingredients of engendering healing are explained in terms of William Tiller's ten dimensional physics. Human innate abilities and intuitive development are explored for their potential to create healing bioenergetic states and world change.

**Gregory Nicosia, PhD, DCEP,** is a licensed psychologist specializing in the treatment of trauma and neurocognitive disorders. For over forty years, he has pioneered the research and exploration of the newest psychotherapies, including EMDR and EP, for which he was nominated Pittsburgh Man of the Year in Science and Medicine in 1997. Dr. Nicosia taught at Rutgers and Chatham Universities, trained thousands of healthcare professionals in EP and served as ACEP's president.

# Beyond Words: Exploring the Science of Interconnectedness



#### Cassandra Vieten, PhD

We often communicate with our clients and others using words, and also non-verbal cues such as facial expression, tone of voice and body language. However, there is another level at which we interact that transcends the five senses, and can be referred to as presence, attention, intention, energy, or consciousness. In this session we will explore the frontier science of interconnectedness, which increasingly offers tantalizing clues about

how we may be connected in ways that influence healing and transformation, beyond words and the five senses, in person, at a distance, and collectively.

**Cassandra Vieten**, **PhD**, is president and CEO of the Institute of Noetic Sciences. She is a licensed clinical psychologist and a scientist at the Mind-Body Medicine Research Group at California Pacific Medical Center Research Institute. She is the author of Living Deeply: The Art and Science of Transformation in Everyday Life and Mindful Motherhood: Practical Tools for Staying Sane During Pregnancy and Your Child's First Year.

# 3:30pm-4:45pm

# Qigong to Awaken the Healer Within: Simple, Accessible Tools for Self-Regulation and Self-Soothing

### Roger Jahnke, OMD



The energy (Qi) based wellness and disease prevention system of Chinese medicine is known as Qigong and Tai Chi. The foundation of these healing arts is the generation of what is often called energy coherence, the healer within or the inner elixir – it engages shifts in brain and organ function and neurotransmitter chemistry. We will practice The Four Baskets of Practice – body practice, breath practice, massage practice and mindfulness practice and you will feel the Qi.

**Dr. Roger Jahnke, OMD**, was one of the first American doctors of Chinese medicine. He has authored two books, *The Healer Within* and *The Healing Promise of Qi*. Dr. Jahnke has lectured or consulted for the AMA, American Hospital Association, IONS, ISSSEEM, and the National Wellness Institute. He is a lecturer, trainer, researcher and the director of the Institute of Integral Qigong and Tai Chi which has trained nearly 400 Qigong and Tai Chi teachers and nearly 1000 practice leaders.

# Aligning Our Multidimensional Wholeness: Awakening Human Experience and Healing Within It's Embrace



#### Wendy Anne McCarty, PhD, RN

Our human experience is meant to be held within the loving embrace of our nonphysical transcendental self's wholeness. Too often this multidimensional Self-relationship is diminished or damaged as we come into human life. Dr. McCarty weaves essences gathered from prenatal and perinatal psychology, her ground-breaking consciousness-based early development model, and EP approaches to restore and deepen

Self-relationship wholeness at any age.

Wendy Anne McCarty, PhD, RN, HNB-BC, DCEP, is a leader in the holistic frontier to optimize human potential from the beginning of life. Co-founder/assistant faculty of graduate degree programs in prenatal and perinatal psychology and author of *Welcoming Consciousness*, her innovative work brings together prenatal and perinatal psychology, her pioneering consciousness-based early development model, and EP healing modalities. She is an international presenter, educator and consultant.

### SESSION E SUNDAY, JUNE 1, 2014 8:00AM-10:00AM

# E1. First Steps Toward Mastering the Chakras

For many beginning EP practitioners, the chakra system seems mysterious and complicated to treat. This presentation offers a lively, engaging introduction to the chakras. Several simple methods of chakra balancing will be demonstrated, as well as ways to make these methods even more effective.

Stephanie Eldringhoff, MA, DCEP, LMFT, TFTDX, has specialized in EP since 1993 in her Bellevue, WA practice. She is a consultant and trainer for ACEP's CEP certification program, past ACEP board member, former faculty for Eden Energy Medicine, and co-developer of the Rapid Relief Process.

#### E2. Rising From the Ashes: Raising the Level of Consciousness to Reduce the Level of Risk of Suicide

When we recognize that a correlation exists between lower levels of consciousness and suicide, and use David Hawkins' Map of Consciousness as a framework for innovative application of EP to raise the level of consciousness, we reduce the level of risk of suicide.

Ron Masters, MSW, LCSW, specializes in the treatment of trauma, PTSD, anxiety disorders, personal growth, and associated social and relational issues.

# E3. Phantom Limb Pain: The Tip of the Energy Medicine Iceberg

From Ahab to Iraq, phantom limb pain has been a puzzle. This session will move beyond neuroplasticity to present a new energy/trauma model for this fascinating condition. Learn how EP can explain energy phantoms, PTSD, mirror box therapy, and other aspects of chronic pain.

**Rick Leskowitz**, **MD**, directs the Integrative Medicine Project at Spaulding Rehabilitation Hospital and is on the faculty at Harvard Medical School. His documentary film, *The Joy of Sox: Weird Science and the Power of Intention*, introduced EP to a national PBS audience.

# E4. Emotional, Relational, Moral and Spiritual Forgiveness using TFT and EP

Forgiveness is energy and it has a feel, meaning and power in relationships, and influences our worldview. Understanding it is essential in helping/ healing after harm is done. Explore the use of thought field therapy and EP techniques in understanding and practicing the art of forgiveness.

Robert Bray, PhD, LCSW, CTS, TFT-VT, has a private practice specializing in traumatic stress and consults and teaches TFT at all levels.

#### E5. Transforming Athletes into Champions: Applying EFT and EP in Sports

A world leader in applying EFT and EP in sports, Greg been part of five national college championships from 2006 to 2013. His two books on his mental training system for athletes have been sold around the world. In this session, he will teach practical how-to methods that he has successfully used with athletes for the past six years. **Greg Warburton, MS, LPC,** is a down-to-earth, cuttingedge practitioner who is leading the way in adapting EFT and EP methods for application in sports.

# E6. Balancing the Chakras for Successful, Loving Relationships‡

Healthy relationships have critical elements necessary to their success and maintenance. These elements are intricately connected to the chakras and are most powerfully present when the chakras are open, balanced and energized. Learn to understand, balance and clear your chakras for optimal functioning in relationships.

Paula Shaw, CADC, DCEP, counsels in private practice in San Diego, CA. She lectures, writes and teaches a variety of workshops within her fields of expertise: addictive disorders, co-dependency and grief. Paula is a graduate of Long Beach State University with post-graduate specialty training at Loyola Marymount University.

#### E7. Past Life Energy Impacts Current Life: Treating Clients with Resistant Issues

This workshop integrates EP with past life therapy using the premise that healing the incoherent resonance of past life traumas allows souls to go forward in coherence and comfort, thus changing and strengthening present and future life goals and experience.

**Barbara Folts, MS**, is a licensed psychologist in private practice for over twenty-five years and a past-life therapist since 2002. The author of *Hidden Treasures From Past Lives* (2011), she explores therapeutic issues and the applicability of EP to reincarnation issues.

#### E8. Integrate Entrainment into Mind-Body Health: Applying Music to Heal Trauma

Mood Music Prescriptions<sup>™</sup> heal trauma through catharses dealing with repressed and problematic moods. Rather than remain in the past (memory associations) or future (desired mood states), entrainment integrates music from all genres into applied wellness strategies for current personal health, relationships, and peak performance.

Judith Pinkerton, MT-BC/L, is a licensed music therapist, president of the Western Region American Music Therapy Assoc., clinician, published author, recording artist and workshop facilitator. She developed and trains music therapists for Music 4 Life's Music Medicine protocol, that fulfills Affordable Healthcare Act wellness strategies.

Amy Frost, MBA, MA, spiritual psychology, trainer, writer, facilitator, author of When Work Isn't Working, Boundaries with Grace, and a CD, Visualizations to Thrive at Work.

#### E9. Our Body Holds Our History: Even From Ages Past: Healing the Body Stored in Ancient Memory

Many physical issues that clients struggle with are psychologically/spiritually related to the energy heritage of their soul. You will learn about the vulnerabilities related to many illnesses for several energy heritage types. Each one will be presented with intention statements and energy psychology techniques to promote healing.

Mary "Mo" Wheeler, PhD, is founder and executive director of Energy Healing Partners, Inc. She is a retired licensed psychologist, energy psychologist and university professor. Mo is a multidimensional spirit that is in a physical body here to help the planet move forward.

### SESSION F SUNDAY, JUNE 1 10:30AM – 12:30PM

#### F1. Orientations to Chinese Meridians

This session describes the history of acupuncture meridians and the confluence of events that resulted in meridian-based energy psychology. Participants will understand how meridian acupoints came to be applied by tapping, touching, or other stimulation in a variety of procedures in EP.

Michael Galvin, PhD, DCEP, is a psychologist, psychology professor and supervisor trained in many traditional therapies as well as EP and EMDR. He is coauthor of *Energy Psychology and EMDR: Combining Forces to Optimize Treatment.* He trains internationally in EP and EMDR.

#### F2. A Three-Pronged Approach to Treating Panic Using CBT, DBT and Energy Psychotherapy Techniques

Panic attacks are like dandelions; strong roots, hearty stems and spreading blooms. Single approaches only cut off the bloom. In this session we will mix specific CBT, DBT, and EFT techniques to squash panic, strengthen the panic threshold, and eradicate the roots.

Lauren Somers, EDD, NCC, LPCC, EFT Level III, ACEP member. Dr. Somers has over nineteen years of experience in counseling and over sixteen years of sharing her research and practices in the classroom and in professional forums and conferences.

#### F3. Integrating Energy Psychology and Dreamwork: The Dream to Freedom Technique

Learn to integrate energy psychology with a gestalt-based dreamwork approach designed to: effectively identify emotional conflicts underlying phobic, fear or stress reactions; reduce the encoded stress and emotional barriers to healing; and return to the dream for cues to closure and progressing forward.

**Robert Hoss, MS**, is a director and past president of the International Association for the Study of Dreams, director of the DreamScience Foundation, faculty at Haden Institute and member of the ACEP Research committee. He is the author of *Dream Language* and co-author of *Dream to Freedom*.

Lynne Hoss, CEHP, MA, (clinical psychology) is E-program director for Innersource, an ACEP-certified practitioner and member, and a former counselor for alcoholism and abuse. She is co-author of Dream to Freedom: a Handbook for integrating Dreamwork and Energy Psychology.



#### F4. Using Psychology with Energy Psychology Approaches: Discussion and Sharing of Clinical Components

In most circumstances, EP methods are not standalone approaches, and to think of these methods as such can lead to reduced effectiveness. This session will focus on clinical values, ethics, and tools such as patience, acquiring background information, establishing rapport, treatment planning, and if/when to refer.

John Diepold Jr, PhD, DCEP, is a licensed psychologist, member of APA, and a member of ACEP since its inception. Dr. Diepold is a published author and has presented nationally and internationally on his areas of interest, including workshops on HAT in the USA, Canada, and Europe.

# F5. How to Become an Ethically Successful "PsychinfoPreneur"

Do you possess an untapped reservoir of expertise that you could be providing to more people than your psychotherapy clients? Discover how to turn your expertise into psychoeducational resources that provide what personal development resource consumers seek, and how to do this ethically AND profitably.

David Gruder, PhD, DCEP, is ACEP's co-founder and first president, clinical and OD psychologist and eight-time award-winning author. David brings the best of psychology to business, the best of entrepreneurship to professionals, and the best of both to governance and social change. He trains leaders worldwide in integrity and collaboration skills.

#### F6. Nine Realms of Revelation: Qigong that Mines for the Golden Elixir of Peace Within

Thousands of years ago, ancient Asian shamanic practitioners formulated a model for deep and profound self-observation – based on The 3 Treasures. This is the Daoistic, Buddhistic "Way" of self-regulation – a natural portal to gently phased self-revelation and energy harmonization for bodyneurology-brain-heart-mind-spirit integration – a process of revealing the essential self.

Roger Jahnke, OMD (see bio on page 10)

#### F7. Grandpa's Gripes: Healing Ancestral Wounds

Sometimes the origin of an emotional problem is a wound in an ancestor - Grandpa's gripes! This breakout will demonstrate the nine-step soul detective protocol for healing ancestral wounds, do a group ancestral healing exercise, and show video from humanitarian work with generational trauma in Rwanda.

**Barbara Stone**, **PhD**, **DCEP**, is a professor at Energy Medicine University, psychotherapist, and author of *Invisible Roots: How Healing Past Life Trauma Can Liberate Your Present* (2008) and *Transforming Fear into Gold* (2012). Developer of Soul Detective Protocols, she holds a doctorate in clinical psychology.

#### F8. Reliably Preserve Self and Maintain Strong Energetic Boundaries in EP Practice

Howard Brockman facilitates experiential processes to support YOUR well-being. Included is how to effectively ground, a 15-minute Qigong set, learning to connect with your inner guides through guided imagery, identifying your somatic stress signals and sharing Source energy with clients through frontal-occipital holding.

Howard Brockman, LCSW, DCEP, is a psychotherapist in private practice with over thirty-two years of clinical experience. He is a diplomate in clinical social work, and DCEP. Howard has presented numerous times at the International Comprehensive Energy Psychology Conferences as well as at ISSSEEM.

#### F9. EFT to Enhance Sexual Energy: Improving Clinical Skills in Working with Sexuality Related Issues‡

This topic is one of the most important and life affecting arenas. Sexual energy is often at the root of physical complaints and ailments, relationship disharmony and lack of emotional well-being.

**Craig Weiner, DC**, has been an EFT Universe trainer and a chiropractor for nearly twenty-five years. He is the cocreator of the courses, *When To End It, When To Stay* and *Path to Passion*.

Alina Frank is a certified EFT Universe and Matrix ReImprinting trainer who maintains a full time private practice with a specialty in sex and intimacy and is the creator of the online courses *Path to Passion* and *When* to End it, When to Stay.

# · POST CONFERENCE ·

### One Day: Monday June 2, 9:00am-5:00pm

#### **T1.** Applying the Success Principles for Healers and Therapists • No CE

Are you as successful as you want to be in your life – as a therapist or healer – as a business person, author, personally? Jack has devoted more than forty years to uncovering universal principles for achieving the extraordinary. You get to spend one entire day with him in this fast-paced, experiential and powerful seminar. You will apply the latest breakthrough principles emerging from neuroscience, quantum physics and the cutting edges of peak performance studies to your practice so you can use them to rapidly achieve your goals. You will learn to apply key strategies from his best selling book, *The Success Principles: How to Get From Where You Are to Where You Want to Be*, that are most relevant and beneficial for healing professionals. Unless you are 100% satisfied with every aspect of your professional life, you cannot afford to miss this very rare opportunity to take you to the next level.

Jack Canfield (see bio on page 4)

#### **T2. Holographic Memory Resolution for Trauma** • 6 CE hours

Holographic Memory Resolution (HMR) is an elegant integration of somatic, energy, and color psychologies. HMR employs our own infinite language of color/brainwave frequency to establish "proof of safety" to the bodymind. An additional energy application at C-7 enables the mapping and resolution of complex memory-based pathology.

**Brent Baum, SSL, CADC**, a pioneer in the fields of somatic and energy psychology, is the developer of Holographic Memory Resolution (HMR) and is an interdisciplinary specialist in the fields of spirituality, trauma, and addictions. He is also a certified alcohol and drug counselor, and a certified clinical hypnotherapist.

### Two Days: Monday June 2 & Tuesday June 3, 9:00am-5:30pm • 12 CE hours

#### T3. Essential Skills in Comprehensive EP - Level 2

This training program is LEVEL 2 OF A TWO PART SERIES. You must have taken Level 1 to attend this workshop. Go to energypsych.org for details and dates of other locations.

The CEP series is designed to help attendees understand EP within an overall perspective of sound science, practical application, and ethical consideration. The term "comprehensive" refers to the fact that attendees will have an array of tools that they can use to customize treatment to the specific needs of each client. Furthermore, attendees will be shown how to integrate these tools within an overall psychotherapeutic framework. This workshop also prepares helping professionals wishing to become part of ACEP's Certification Program in CEP.

Stephanie Eldringhoff, MA, LMFT, DCEP (see bio on page 2)

"When I go to a conference, not only do I want to renew acquaintanceships with colleagues and friends, I'd like to enjoy it. I'd like to have some fun. I want it to be scientific, personal, experiential and something that I can feel joyful about – not just in my mind. The ACEP annual conference provides a really good balance."

Jed Diamond, PhD, Best-selling author

### JOIN ACEP NOW!

Your membership fee will almost pay for itself with a reduced conference rate.

Change within the health care field comes most readily from professionals who identify new trends and see the need to establish credible practice in a new direction. The time has arrived for the growing field of energy psychology, and ACEP is here to support your professional and personal growth in this arena. We've made it easy for you to sign up for the conference and become a member at the same time. When you begin your conference registration, simply opt to join as a member and then continue with the registration process.

# The Home for Energy Psychology

The Association for Comprehensive Energy Psychology (ACEP) is a nonprofit organization with a global mission. Promoting research and providing training in energy psychology, ACEP provides a hub for professionals dedicated to exploring, developing, researching, and applying these methods to alleviate human suffering, enhance human performance, and access human potential around the globe. Our members include mental health and other health care practitioners, as well as educators, business coaches, and laypeople.

# **Our Mission and Objectives**

The Association for Comprehensive Energy Psychology is dedicated to the research, education and promotion of energy psychology to establish its credibility and effectiveness among all health-related professions. We work toward achieving this mission by

- Serving as a central resource by providing the latest developments in research and application through our website, newsletter and conferences
- Sponsoring regional and international conferences about energy psychology to help expand awareness of this field among healing professionals and the lay community
- Providing continuing education credits for licensed professionals
- Conducting and/or financially sponsoring research that documents the validity and efficacy of these methods
- Identifying and overseeing standards of care and ethical guidelines for professionals who incorporate energy psychology modalities in their work
- Fostering the development and implementation of a competency-based program of study leading to credentialing in energy psychology and a program for maintaining credentials
- Supporting the dissemination of these methods among under-served populations worldwide through our Humanitarian Committee.

# **Member Benefits**

- Up to \$140 discount on the annual conference
- Up to \$200 off fees for certification in Comprehensive Energy Psychology (CEP) and Emotional Freedom Techniques (EFT)
- Discounts on other EP programs and events
- Listing in web-based energy psychology therapist locator
- Posting your EP-related workshops on the website
- Free monthly mp3 recording from previous conferences (a \$200 value)
- Discounts on journals and other programs

# **Further Information**

Phone: 619-861-ACEP (2237) Fax: 1-484-418-1019 Website: www.energypsych.org E-Mail: admin@energypsych.org

# · CONFERENCE HOTEL INFORMATION ·

The Sheraton Wild Horse Pass Phoenix Resort & Spa was designed to be an authentic representation of the Gila River Indian heritage and culture. The Chandler resort will offer its guests a recreational, educational and inspirational experience never before available in a resort setting. The architecture, design, art and legends of the Akimel O'otham and Pee Posh tribes are celebrated in every detail imaginable, indoors and out. The resort is located in the high Sonoran Desert on an expanse of rugged Arizona landscape where the ancient vistas, mountains and roaming wild horses remain untouched. A unique blend of two cultures, the resort offers the quiet serenity created by the ancient sages and native tribes who found haven here along with the high-tech hotel expertise of the Sheraton brand.

# The AAA Four Diamond resort includes

- Aji Chandler Spa, a 17,500 square foot spa with 17 treatment rooms
- Whirlwind Chandler Golf Club
- Koli Equestrian Center for riding lessons, trail rides, outdoor events
- Four pools with cascading waterfalls and a 111-foot waterslide modeling the ancient Casa Grande Ruins
- Tennis courts and jogging trails
- Free parking

### ACEP has negotiated an outrageous room rate: \$139!

• All guest rooms with this group receive complimentary in-room internet access, complimentary access to the fitness room, 10% discount at Aji Spa on a la carte services

• Group rate available until May 5, 2014. Subject to availability. Mention ACEP group rate when you call reservations: 602.225.0100 or 800.325.3535

### Location

Located just off the I-10 freeway, the resort is within minutes of the center of Phoenix and the East Valley and their many shopping, entertainment and recreational offerings.

Phoenix Sky Harbor International Airport is only 15 minutes (11 miles) from the resort.





### MAIN CONFERENCE FEES INCLUDE

- New! Full set of conference recordings (including slides) a \$250 value and 50% off a 1 year subscription to ACEP's new recording library
- Up to 19 CE hours (+ up to 25.5 more CE hours for preand post-conference events)
- 3 full breakfasts, 1 lunch
- 4 stellar keynotes + 4 invited presentations
- Early morning energizers (t'ai chi, yoga and more)
- Special track for EP newcomers
- Special events

### Group Discounts for Main Conference Registration Only

- 10% discount groups of 4 to 9
- 15% discount groups of 10 or more

To receive your group discount code, call or e-mail BEFORE submitting registrations.

Call 619-861-2237 or email admin@energypsych.org

### **Overall Conference CE Objectives**

- Identify at least three EP methods or strategies to decrease negative or aversive affects
- Describe at least three practices for reducing stress using EP and related methods
- List at least two EP or body-based methods that go beyond talk
- Identify at least three EP practices that can be integrated with general psychotherapy and counseling principles
- List at least two concepts of how "energy" relates to energy psychology and the practices of counseling and healing

### **Attention Graduate Students**

Special discounts are offered for full time graduate students with official identification.

# **CONTINUING EDUCATION CREDITS**

#### Up to 44 hours available

CE credit is available for nurses, LMFTs, professional counselors, drug and alcohol counselors, social workers, and psychologists

### APPROVED CE PROVIDER BY THESE KEY ORGANIZATIONS

- American Psychological Association (APA)
- Association of Social Work Boards (ASWB, 1048)
- National Board of Certified Counselors (NBCC, 5868)
- National Certification and the National Association of Alcohol and Drug Abuse Counselors (NAADAC, 368)

ACEP is approved by the American Psychological Association to sponsor continuing education for psychologists.

ACEP is an NBCC Approved Continuing Education Provider, and may offer NBCC approved clock hours for events (or programs) that meet NBCC requirements. Sessions (or workshops) for which NBCC approved clock hours will be awarded are identified in the program or in the brochure or website.

ACEP is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) Program. ACEP maintains responsibility for the program. ASWB Approval Period: 2/28/2013 - 2/28/2016. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course can receive up to 44 clinical hours. Florida: ACEP is an approved provider for "Talk is Not Enough. Activating Broader & Deeper Levels of Healing" for the Association for Comprehensive Energy Psychology Florida CE Broker Tracking #20-426461.

Approved CE provider by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling, Certified Master Social Workers and Florida Board of Nursing (CE Provider #50-10765).

*California:* ACEP is an approved provider of continuing education (PCE2536) for the California Board of Behavioral Sciences (BBS) for California LMFTs and LCSWs. Presentations designated for CE meet the qualifications for CE credit for MFTs and LCSWs as required by the BBS. ACEP is an approved provider for the California Board of Registered Nursing (Provider #14626)

#### **IMPORTANT NOTE**

- These events DO NOT receive any CE hours P3, A5, B5, B7, B9, C5, T1, Exploring Earth Energies Excursion
- These events DO NOT receive NBCC CE hours A6, A9, E6, F9

#### WEB REGISTRATION STRONGLY ENCOURAGED - FOR MAIL OR FAX PLEASE PRINT VERY NEATLY - FEES ARE IN US \$ ONLY

Name		Credential	First Conference? 🗆 Yes 🛛 No
Address			Member? Yes No
		Zip/Postal Code	To be eligible for the member registration fee, you must be a current Association member through June 2014.
Country	_E-mail		Group Code
Phone	_Fax		Mailing Code (from label)

**1. Main Conference Registration (May 29-June 1)** Please check one category. Registrations must be postmarked, faxed or web registered by dates indicated, without exception, to receive discounted rates. All registrations received after 5pm Eastern Time on May 12th will be processed as on-site registration at the on-site rate. (Fees are in US \$ only)

On the web or postmarked by date:	Until 2/17	2/18-3/31	4/1-5/12
Main Conference (Fri-Sun) – Member	\$475	\$525	\$575
Main Conference (Fri-Sun) – Non-member	\$555	\$605	□ \$655
Main Conference (Fri-Sun) – Full Time Student*	\$305	\$355	□ \$405
Two Day (Fri & Sat or Sat & Sun) – Member	\$375	<b>\$</b> 415	□ \$455
Two Day (Fri & Sat or Sat & Sun) – Non-member	\$430	<b>\$</b> 470	<b></b> \$510
Two Day (Fri & Sat or Sat & Sun) – Full Time Student*	\$250	□ \$290	<b></b> \$330

Choose days: 🗖 Fri & Sat 🗖 Sat & Sun

\* Must be full time graduate student. You must join ACEP as a student. Registration must be accompanied by a copy of student ID card.

• Group Discounts for Main Conference Registration Only: 10% discount for groups of 5-9; 15% discount for groups of 10 or more. Call 619-861-2237 or email to admin@energypsych.org to receive your group discount code PRIOR TO submitting registrations.

#### 2. TWO DAY Pre-Conference Workshops (May 28 & 29)

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On the web or postmarked by date:	Until 2/17	2/18-3/31	4/2-5/13
(P1) CEP Level 1 - Member	\$300	\$300	\$330
(P1) CEP Level 1 - Non-member	\$340	\$340	\$370
(P1) CEP Level 1 - Full Time Student*	\$180	<b></b> \$180	\$210
(P2) TFT Training – Member	\$300	\$300	\$330
(P2) TFT Training - Non-member	\$340	\$340	\$370
(P2) TFT Training – Full Time Student*	\$180	<b></b> \$180	\$210

\* Must be full time graduate student. Registration must be accompanied by a copy of student ID card.

# 3. ONE DAY Pre-Conference Workshops (May 29)This pricing is only with conference. Go to website for stand alone pricing.On the web or postmarked by date:Until 2/172/18-3/31One Day Pre-con - Member\$135\$165One Day Pre-con - Non-member\$155\$185One Day Pre-con - Student\$70\$100

□ (P3) 7 Yoga Skills	(P8) Mindfulness-Based EP & Tonglen
□ (P4) Foundations of the Master/Chinese Energetics	□ (P9) Phoenix Effect Process
(P5) Heal Trauma Safely & Efficiently	(P10) Using Ask & Receive for Physical Issues
□ (P6) Healing "Bottom-of-the-Well" Depths	🔲 (P11) Using EP for Attachment, Autism
□ (P7) Healing Relational Trauma w/ Somatic Experiencing	(P12) What Energy Medicine Has to Offer EP

Cancellation/Refund Policy Cancel before April 2: full refund

Between April 2 & May 13: refund minus \$50 processing fee • After May 13: no refunds

**4. Post-Conference Events** This pricing is only with conference. Go to website for stand alone pricing. **One Day Post Conference Events (June 1)** 

On web or by postmarked date:	Until 2/17	2/18-3/31	4/1-5/12
Applying Success Principles - Member	\$175	\$200	\$225
Applying Success Principles - Non-Member	\$200	\$225	\$250
Holographic Memory Resolution - Member	\$135	\$165	\$195
Holographic Memory Resolution – Non–Member	\$155	\$185	\$215
Holographic Memory Resolution – Student	\$70	\$100	\$130
Two Day Post Conference Event (June 1 & 2)			
Essential Skills in CEP – Level 2 – Member	\$300	\$300	\$330
Essential Skills in CEP – Level 2 – Non-Member	\$340	\$340	\$370
Essential Skills in CEP — Level 2 - Student	\$170	\$170	\$200
* Conv of valid full time graduate student ID must accompany student registration			

#### 5. Special Events

- **\$195** Earth Energy Special Excursion (includes lunch)
- \$30 Thursday Keynote *Free with pre-conference registration*
- **\$68** 16th Annual Anniversary Celebration Dinnert
  - Roasted Chicken Breast 🔲 Flat Iron Steak 🔲 Vegetarian

#### 6. Registration Fees Total & Payment Information

- Payment must accompany your registration form Only US dollars will be accepted on checks
- All non US members will be charged US equivalent at time the credit card is processed

Only Mail, Fax or On-Line Registrations Accepted

\$ Total Registration Fee for Main Conference
\$ Less Group Discount
\$ SUBTOTAL
\$ Total Fee for Pre-conference Workshops
\$ Total Fees for Post-conference Events
\$ Total Fees for Special Events
\$ GRAND TOTAL

Enclosed is my check payable to Association for Comprehensive Energy Psychology in the amount of (Registration from outside the US must be in the form of a credit card)

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Charge \$		to the following credit card:
🗖 VISA	□ MasterCard	(Sorry, American Express not accepted)
Card #		
Expiration Date		Security Code
Name as appears on c	ard	
Credit Card Billing Add	tress	
Signature		

#### 7. Please Indicate Any Special Needs

Dietary : □Vegetarian □ Vegan □ Gluten Free □ Other (explain):\_

Physical: \_\_\_\_\_\_ Please check here if you require special accommodations in order to participate in the conference, and fax a written description of your needs (484) 418-1019.

ACEP policy on grievances pertaining to educational programs: If you have a grievance related to any workshop issue, please contact Executive Director Robert Schwarz at (619) 861-ACEP (2237) or email acep\_ed@energypsych.org

4/2-5/13

\$195

\$215

\$130

**Register Online at www.energypsych.org** • On-line registration is strongly encouraged. Mail or Fax registrations to: ACEP Business Office, 233 E Lancaster Ave., Suite 104, Ardmore, PA 19003, USA Phone: 619-861-2237 • Fax: 1-484-418-1019 • Questions via E-Mail: admin@energypsych.org Once your conference registration form is received and processed, you will receive a confirmation letter by US mail or

For Internal Use Only:

Date Received \_\_\_\_\_

Amt. Received\_\_\_ Notes

Once your conference registration form is received and processed, you will receive a confirmation letter by US mail o by e-mail if e-mail address is provided. Please allow 3 weeks for processing.



233 E Lancaster Ave, #104, Ardmore, PA 19003 USA

The 16th Annual International Energy Psychology Conference

ACTIVATING BROADER AND DEEPER LEVELS OF HEALING

Sheraton Wild Horse Pass Phoenix, AZ May 29-June 1, 2014

> **Register Now!** Prices go up after February 17. Details on page 15. Up to 44 CE hours for psychologists, social workers, nurses, counselors & more

### What is Energy Psychology?

Energy psychology (EP) is a family of integrative approaches to psychotherapy, coaching, and healthcare treatment rooted in mind-body healing traditions that are over 5,000 years old. EP methods blend the bio-energetic insights of these traditions with the best of contemporary psychological practice, and have been refined through thirty-five years of modern clinical experience with millions of clients throughout the world.

Energy psychology gently and swiftly release traumatic events that are frozen in time in the body-mind system. These events can negatively influence how a person sees the world, experiences and regulates emotion and relates to other people.

Embracing what modern physicists and ancient wisdom traditions know, energy psychology acknowledges the role of bio-energetic systems within and between people as important determinants of health and well-being, illness, and pathology.

Over fifty research studies have been conducted on EP by independent teams in dozens of countries.

For more information, visit energypsych.org/research.

# What can this conference do for you?

- Learn powerful tools to improve the functioning and well-being of your clients
- 2) Earn up to 44 CEs (See page 14)
- 3) Initiate and deepen your skills in approaches that go beyond talking
- Develop a specialty niche in the \$57 billion complementary and alternative heath care market
- 5) Reduce or eliminate dependency on low-fee managed care contracts
- 6) Renew and reinvigorate your own energy and balance
- Initiate, strengthen and master practices that integrate mind, heart, body and spirit
- 8) Network and strengthen relationships with like-minded professionals