

A Path with Heart Integrating Effective Tools with Authenticity and Presence

17th Annual Energy Psychology Conference
MAY 28-31, 2015 | HYATT REGENCY RESTON | RESTON, VA

Keynotes include:

Kathlyn Hendricks, PhD
Co-author, *Conscious Loving*

Sonja Lyubomirsky, PhD
Author, *The How of Happiness*

Jim Oschman, PhD
Author, *Energy Medicine: The Scientific Basis*

Stephen Porges, PhD
Author, *The Polyvagal Theory*

Ronald Siegel, PsyD
Author, *The Mindfulness Solution: Everyday Practices for Everyday Problems*

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- Pre- and post-conference trainings
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WHO SHOULD ATTEND? All helping professionals interested in integrative, mind-body approaches, including: Psychologists
Nurses • Psychiatrists • Social workers • Physicians • Marriage & family therapists • Chiropractors • Counselors • Energy medicine practitioners • Acupuncturists & TCM practitioners • Coaches
Alternative health care providers • Educators • Clergy

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Best price ends February 17! Group discounts available.

"This is by far the best professional conference I have ever attended. I feel like I've come home."

- Melinda Moats, MEd, LMHC

KEYNOTES

THURSDAY, MAY 28

Ronald Siegel, PsyD

Tailoring Mindfulness: Fitting the Practice to the Person (1.5 CE hrs)

7:30PM - 9:15PM



Mindfulness-based psychotherapy is the most popular new treatment approach in the last decade—and for good reason. It is a remarkably powerful tool that can

augment virtually every form of psychotherapy. But mindfulness is not a one-size-fits-all remedy. Techniques must be tailored to fit the needs of individuals. We will explore the core components of mindfulness practices, how they work to alleviate psychological distress, and seven choices you might consider when adapting them to meet the needs of diverse people and conditions.

Ronald Siegel, PsyD, is assistant clinical professor of psychology at Harvard Medical School. He serves on the Board of Directors and faculty for the Institute for Meditation and Psychotherapy. Ronald is author of *The Mindfulness Solution: Everyday Practices for Everyday Problems* and coauthor of *Sitting Together: Essential Skills for Mindfulness-Based Psychotherapy*.

FRIDAY, MAY 29

Jim Oschman, PhD

Recent Breakthroughs in Energy Medicine (1.5 CE hrs)

8:00AM - 10:00AM



Come and be dazzled by science and how it relates to your practice! This presentation looks at regulatory biology through the lens of the living matrix concept—a system that

connects our every thought, word or idea with our genes to produce epigenetic effects. A recent study published in the *Journal of Cellular and Molecular Medicine* explains how these connections are likely photonic (i.e. at the speed of light) and describes how living systems respond so quickly to tiny energy fields via voltage-gated calcium channels on the surface of our cells.

Jim Oschman, PhD is the award-winning author of *Energy Medicine: The Scientific Basis*, and *Energy Medicine in Therapeutics and Human Performance*. He lectures internationally on the science supporting energy medicine. Jim has degrees in biophysics and biology from the University of Pittsburgh and has worked in major research labs around the world.

Kathlyn Hendricks, PhD

Full-Spectrum Presencing: The Evolutionary Power of Being Real and Being Fully Here (1.5 CE hrs)

5:00PM - 6:45PM



You can enhance your effectiveness, renew and refresh your inner landscape and create magic in your relationships and practice by using powerful and simple body

intelligence tools. Presencing and authenticity bring you toe-to-toe with life and allow you to create and collaborate instead of controlling or fixing. These skills have been taught around the world for decades and are used in therapy, coaching, business and medical settings.

Kathlyn Hendricks, PhD, BC-DMT, has been a pioneer in body intelligence and relationship transformation for the last forty years. She is the author and co-author of eleven books with her husband, Gay Hendricks, including the best-selling *Conscious Loving* and *At the Speed of Life*. Her training programs focus on embodiment and whole-person learning, and her work has been featured in over 500 television and radio interviews.

SATURDAY, MAY 30

Stephen Porges, PhD

The Polyvagal Theory: The Transformative Power of Feeling Safe (1.5 CE hrs)

8:00AM - 10:00AM



Polyvagal theory is on the cutting edge of new body-mind approaches to trauma treatment and explains how experiences of abuse, danger and trauma may retune our

nervous system to respond to friends, caregivers, and teachers as if they were enemies. By incorporating a developmental perspective, polyvagal theory explains how regulation of autonomic function forms the neural “platform” upon which social behavior and the development of trusting relationships are based.

Stephen Porges, PhD is professor of psychiatry at the University of North Carolina and the developer of polyvagal theory, which he proposed in 1994. He is the author *The Polyvagal Theory: Neurophysiological Foundations of Emotions, Attachment, Communication, and Self-regulation*.

SUNDAY, MAY 31

Sonja Lyubomirsky, PhD

Sustainable Happiness: Research and Practice (1.5 CE hrs)

2:00PM - 3:45PM



Happiness not only feels good; it is good. Among other things, happy people have more stable marriages, superior health, and higher incomes.

The good news? People can intentionally increase their happiness. Drawing on two decades of research with thousands of participants, Lyubomirsky will introduce the positive activity model as well as a program to boost health, productivity, and happiness in our day-to-day lives.

Sonja Lyubomirsky, PhD is professor of psychology at the University of California, Riverside. She received her BA from Harvard University and her PhD in social psychology from Stanford University. She has received many honors for her research on the science of happiness and is the author of two acclaimed books: *The How of Happiness* and *The Myths of Happiness*.

Immerse Yourself



Pre-Conference Intensives (Additional fee required)

- **Special pricing** when you register for the conference.
- Bonus: attend the **Thursday evening keynote for free**, a \$30 value!
- Space is limited, so **sign up early at energypsych.org** or call 619-861-2237.
- [View objectives](#)

WED. - THURS., MAY 27-28 9:00AM - 5:00PM

Emotional Freedom Technique Professional Skills 1 **P1 (12 CE hrs)**

This comprehensive 2-day experience provides clinicians and practitioners the skills they need to begin working with clients as an EFT professional. Learn EFT theory and science, The Basic Recipe, Tell The Story Technique, Personal Peace Procedure and basic ethics of EFT with plenty of practice time to deeply integrate these skills.

Shannon Horine, M.Ed, LPC, ACAP-EFT, is a licensed professional counselor, ACEP certified advanced practitioner of EFT and the founder of the EFT Institute of Atlanta. Shannon specializes in relationship issues, trauma, and chronic pain or illness and seamlessly integrates EFT into her work with couples.

Essential Skills in Comprehensive Energy Psychology - Level 1 **P2 (12 CE hrs)**

Understand and practice EP within an overall perspective of sound science, practical application and ethical consideration. This foundation level workshop teaches practitioners an array of EP tools that can be used to customize treatment for specific client needs, along with a framework to integrate these tools within a psychotherapeutic model. This workshop can also serve as the first step in ACEP's certification program in comprehensive energy psychology.

Michael Galvin, PhD, DCEP, is a psychologist, psychology professor and supervisor trained in many traditional therapies as well as EP and EMDR. He is co-author of *Energy Psychology and EMDR: Combining Forces to Optimize Treatment*. He trains internationally in EP and EMDR.

Kristin Holthuis, MD, DCEP, is a Dutch family physician who lives and works in Costa Rica, where she has successfully integrated a variety of EP modalities in her heart-centered medical practice. Her passion is to teach other professionals in Latin America the power of energy psychology.

Exchange Ideas

THURSDAY, MAY 28 9:00AM - 5:00PM

Advanced Integrative Therapy Treatment of Complex PTSD: Energy, Psychodynamics and Neurobiology **P3 (6 CE hrs)**

PTSD is a heartbreaking reality of human life. This workshop introduces Advanced Integrative Therapy's PTSD treatment: You will learn the PTSD treatment plan and practice the PTSD Transformation Protocol, which includes ego strengthening followed by neurobiological, psychological, and spiritual protocols for treating trauma and resistant symptoms.

Asha Clinton, LCSW, PhD, is the developer of Advanced Integrative Therapy (AIT). A former Princeton professor in full-time practice for 33 years, she has created and taught 14 AIT seminars and has headed humanitarian aid projects in Guatemala, New Orleans, and on the Navajo Reservation.

Are Your Clients "Allergic" to Money? **P4 (6 CE hrs)**

Is an "allergy" to money keeping your clients from their potential? When any substance is associated with a trauma, an "allergy" can develop. Often, people unconsciously push money away. This experiential workshop teaches you to how identify an allergy to money and how to eliminate it.

Sandra Radomski, ND, LCSW, is a social worker and naturopathic doctor. She taught for eight years in the medical school at the University of Wisconsin. Sandra is the creator of Allergy Antidotes as well as co-creator of Ask and Receive.

Embodying the Presence: A Day for Healers **P5 (6 CE hrs)**

This workshop is a day for healers to explore esoteric teachings about who we are and why we are here. Demystifying the concept of the "Presence", you will learn how to raise your own vibration and serve as a stronger conduit of healing energy.

Mary Sise, LCSW, DCEP, is a past president of ACEP and co-author of *The Energy of Belief: Psychology's Power Tools to Focus Intention & Release Blocking Beliefs*. She is the program director of Her Holiness Sai Maa's Transformational Healers Program.

Integrating Energy Psychology with Developmental and Attachment Approaches P6 (6 CE hrs)

Take your energy psychology treatment to a new level by integrating it with evidence-based attachment approaches. Learn more powerful and refined methods of helping clients by taking account of and working with their attachment styles. This workshop is appropriate for all knowledge levels of attachment theory.

Yves Wauthier Freymann is co-director of the Institute for Training in Psychotherapy Therapeutia. A psychotherapist specializing in brief therapy and treatment of posttraumatic stress, Yves is a certified trainer in EFT, TAT® and REMAP®.

Marion Anne Blique, DCEP, is a trained clinical psychologist. She has used body-mind healing approaches for over 20 years and has clients in the U.S., Canada and France.

Shoshana Garfield, PhD, has worked for decades with deep trauma and delivers EFT and specialist trauma relief training.

Repurposing Your Skills as a Leader TheraCoach P8 (6 CE hrs)

Too often, people step into leadership roles that their emotional maturity and psychological skills cannot sustain. ACEP's first president shows you how to assess and upgrade nine key psychological attributes that appear to distinguish sustainably successful leaders from those who are temporarily successful or unsuccessful.

David Gruder, PhD, DCEP, ACEP's co-founder, psychologist, and award-winning author, brings the best of psychology to business, the best of entrepreneurship to professionals, and the best of both to governance and social change. He trains leaders worldwide to make integrity and collaboration profitable.

Restoring the Flow of Frozen Energy: Logosynthesis® and the Resolution of Trauma and Fear P9 (6 CE hrs)

Logosynthesis® is a new model and treatment method in psychotherapy and coaching based on the power of words as an energetic principle of change. In this intensive, you will be introduced to the theory, learn practical exercises and view a Logosynthesis demonstration.

Willem Lammers, TSTA, is a Swiss psychotherapist. He is a supervisor and consultant to organizations with over 25 years of experience in the field. Trained in transactional analysis and energy psychology, Willem developed Logosynthesis and teaches this amazing new approach around the world.

Synergetic Therapy: A Dynamic Model for Integrating Energy Psychology into Psychotherapy P10 (6 CE hrs)

Learn a cohesive model that makes it easy to integrate energy psychology methods with other psychotherapies. Explore adaptations of various energy psychology methods that will deepen ongoing psychotherapy and discover methods to enhance the therapist/patient relationship.

Henry Grayson, PhD, DCEP, is founder of the National Institute for the Psychotherapies, founder of the Association for Spirituality and Psychotherapy, and author of *Use Your Body to Heal Your Mind*, *Mindful Loving* and *The New Physics of Love*.

Transforming Energy Psychology into a Comprehensive, Transpersonal Psychotherapy P11 (6 CE hrs)

Energy psychology is deepened when it draws from its wider root system in transpersonal psychotherapy. Through theory, practices, case illustrations, and demonstration, you will learn how a transpersonal energy psychology approach can be applied to cases involving anxiety, panic disorder, hypertension, chronic pain, and insomnia.

Michael Mayer, PhD, is a psychologist, co-founding faculty member of JFK University's transpersonal psychology program, and co-founder of a medical clinic. He is an award-winning author of twenty transpersonal psychology publications including the books *Bodymind Healing Psychotherapy* and *Energy Psychology*.

Transforming Grief: Integrative Tools to Assist the Client and Practitioner P12 (6 CE hrs)

Move beyond traditional grief counseling to transcend the energy of grief/loss and take home practical techniques to avoid compassion fatigue. This seminar is highly experiential. You will learn integrative techniques for processing unconscious body memories and for working with metaphorical physical illnesses related to grief.

Sherry O'Brian, LCSW, DCEP, is a psychotherapist who is certified in comprehensive energy psychology, EFT, IET, advanced clinical hypnotherapy, bereavement counseling, Psych-K™, and guided imagery.

Larry Burk, MD, CEHP, specializes in MRI, acupuncture, hypnosis and EFT. His publications include the book, *Let Magic Happen: Adventures in Healing with a Holistic Radiologist*.



About the Track System: You are NOT required to sign up for a specific track. You can still attend any workshop at the conference. The purpose is to make the many options less overwhelming. You can create a conference experience that is customized to suit your needs. Some workshops fit more than one track.

[View objectives and presenter bios](#)

Morning Workshops A

FRIDAY, MAY 29 10:30AM - 12:30PM

Ideomotor Cueing: Portal to the Unconscious **T1 (2 CE hrs)**

Lynn Karjala, PhD, DCEP

Ideomotor cueing gives us another perspective on reality through accessing the inner wisdom of the body. It is an essential part of the guidance that directs energy psychology techniques, deriving from the collaboration between tester and subject, and yielding insight from outside of conscious awareness.

The Nature of Addiction and Interventions for Relapse Using Energy Psychology **T2 (2 CE hrs)**

Grier Cundill, MA, DCEP

You will learn how the addicted brain manifests itself and how this brain is almost inevitably prone to relapse, even with excellent, initial treatment. In the addicted brain lights go on and off; connections are made, then broken. Discover practical methodologies to prevent or mitigate relapse.

Increasing Presence with Advanced Integrative Therapy **T3 (2 CE hrs)**

Glenn Soberman, PhD

We will explore how presence is the inverse of trauma and learn Advanced Integrative Therapy's powerful methods for treating trauma, increasing presence among family members, and reconnecting to emotions and body parts. You will also learn specific AIT meditations to increase presence in body, mind and spirit.

Attachment/Detachment Trauma: Repairing the Ability to Bond **T4 (2 CE hrs)**

Judith Swack, PhD

Attachment disorder, a behavioral disorder caused by the lack of an emotionally secure attachment to a caregiver, results in an inability to form healthy relationships. In this presentation, you will learn the HBLU approach to healing attachment/detachment trauma and repairing the ability to bond.

Intuition and Energy Psychology: Enhancing Your Personal Guidance System **T5 (2 CE hrs)**

Lori Chortkoff Hops, PhD

Intuition. Is it real or imagined? Explore intuition as a bridge between the conscious and unconscious mind; review theory and research related to energy psychology and intuition. Consider unique cultural and ethical applications. Develop a personal language of intuition, and an inventory of intuition self-care tools.

Energy Psychology and Transpersonal Psychotherapy: Expanding Treatment Options **T6 (2 CE hrs)**

Michael Mayer, PhD

Energy psychology is deepened when it draws from its wider root system in transpersonal psychotherapy. Through theory, practices, and case illustrations you will see how this transpersonal energy psychology approach can be applied to cases involving anxiety, hypertension, chronic pain, and insomnia.

Trauma-Based Spiritual Experiences and Posttraumatic Growth: A Mixed-Methods Study **T7 (2 CE hrs)**

Darleen Lindstrom, PhD, LISW-S

Research shows that trauma-based spiritual experiences facilitate posttraumatic growth for victims of trauma. You will learn how to differentiate "spirit helpers" from alter and ego-states and incorporate research findings on spirit helpers into each phase of trauma treatment.

Optimal Presence: Using Somatic, Color and Energy Psychologies to Enhance Listening and Relationality **T8 (No CE hrs)**

Brent Baum, SSL, CADC

A major challenge to the fulfillment of our good intentions is that we leave "present-time awareness" many times an hour. By integrating the resources from body-centered, color, and energy psychologies, we can learn to master these tendencies to "trance-out" and return to living fully in the present moment.

Matrix Reimprinting: Rewrite Your Past, Transform Your Future **T9 (No CE hrs)**

Alina Frank & Elizabeth Boath, PhD

Matrix Reimprinting is a meridian tapping technique that uses aspects of memory reconsolidation, quantum theory, HeartMath, and soul retrieval. Matrix trainers Alina Frank and Elizabeth Boath will present an introductory offering that focuses on the development and clinical application of this approach.

Get Inspired

Learning Lab Tracks

T1 Fundamentals of EP
T2 Specific Populations
T3 Specific Approaches

T4 Integrated Approaches to Energy Psychology
T5 Enhancing Practitioner Authenticity & Presence
T6 Roots of Energy Psychology

T7 Spirituality & Consciousness
T8 Body-Focused Therapies
T9 Potpourri of EP

Afternoon Workshops B

FRIDAY, MAY 29 2:30PM - 4:30PM

Identifying and Treating Systemic Energetic Interferences **T1 (2 CE hrs)**

Joanne Karpinen, PhD, DCEP

In this interactive session you will learn to identify and treat systemic energetic interferences—the most frequently encountered impediments to client progress. These interferences may also prevent energy psychology treatments from bringing lasting effects and cause client frustration and discouragement.

Using EFT to Successfully Manage Adolescent Anxiety in School Settings **T2 (2 CE hrs)**

Amy Gaesser, PhD, MSEd

More testing, higher standards, and bullying; factors such as these are contributing to increased anxiety experienced by school-aged youth. Demands are high for an effective intervention, and recent research results show EFT can significantly reduce student anxiety. In this session, you will learn a research-supported, EFT protocol for adolescents.

When Ancestors Anchor Client Trauma: Integrating Family Constellations and Energy Psychology **T3 (2 CE hrs, Excludes NBCC)**

Michael Reddy, PhD, CPC

In this session we will review the perspective, techniques, and effectiveness of Family Constellations before turning to advances in their use in conjunction with energy psychology. Using cases, video, and demonstration, we will illustrate how several forms of EP work powerfully with constellations to shift both personal and ancestral trauma.

Energy Psychology Meets Eckert, Shapiro, Johnson, Erickson and You **T4 (2 CE hrs)**

Robert Bray, PhD, LCSW & Suzanne Connolly, LCSW, LMFT

There is wisdom found in psychotherapeutic approaches such as cognitive therapy, EMDR, emotion-focused therapy and family systems. We will review the active ingredients in these approaches and consider how EP may be in play naturally in these models. We will explore how you can use EP to enhance these approaches.

Therapeutic Presence: The Heart of Effective Energy Psychology Interventions **T5 (2 CE hrs)**

John Diepold Jr, PhD, DCEP

It is important to establish an informed, safe, and trusting therapeutic relationship. Regardless of your EP approaches and orientations, research clearly indicates that the relationship is key for effective outcomes. This presentation incorporates clinical skills, methods, research findings, and tools that will help you enhance your therapeutic presence.

The Heart Pathway: The Nine Palaces of the Heart and What they Mean in Chinese Medicine and Trauma **T6 (2 CE hrs, Excludes NBCC)**

Ted Cibik, DP, DMQ

The heart meridian is one of the most intriguing point systems on the human body. Learn how it relates to the heavens (the Big Dipper), the Feng Shui of your home and your individual destiny. You will also learn how to energetically treat your patients.

Collaboration: The Role of Awakened Consciousness in Psychotherapy Practice **T7 (2 CE hrs)**

Marilyn Stickle, LCSW, BCD & Carol Fitzpatrick

Intuition and presence join in the collaboration between a psychotherapy practitioner and a seer when they communicate at the soul level with clients and their deceased loved ones. There are no barriers of time and space when energy patterns are followed to their deepest source.

Transforming Moods: The Combination of Energy Therapies, Yoga and Meditation **T8 (2 CE hrs)**

Shannon Arnett, MA, CEHP

We will explore many combinations of Eden Energy Medicine energy psychology techniques, yoga postures, breathing strategies and meditation cues that will deliver strategies toward maintaining balance while alleviating anxiety and depression.

Phantom Pain: A Model for the Role of Trauma "Blocked" Energy in Chronic Pain **T9 (2 CE hrs)**

Rick Leskowitz, MD

Effective treatment of chronic pain requires working both on trauma and blocked subtle energy. Using phantom limb pain as a model, we will explore EP approaches to treating hidden trauma and blocked energy in different forms of chronic pain.

"I am amazed that even though I have gone to this conference for several years, there is always something new, something inspirational, something that I can't wait to use with my clients the following week." – Teresa Lynch, DPT, MHS

Morning Workshops C

SATURDAY, MAY 30 10:30AM - 12:30PM

What's a Psychological Reversal and Why Should I Care? **T1 (2 CE hrs)**

Lynn Karjala, PhD, DCEP

Many clients lack full inner permission to make the changes they want. The common energy psychology term for this phenomenon is "psychological reversal" (PR). You will learn powerful strategies for supercharging your clients' success by identifying and intervening with their PRs.

Psychosis: Where Do the Voices Come From? **T2 (2 CE hrs, Excludes NBCC)**

Barbara Stone, PhD, DCEP

People who hear voices are usually labeled as crazy, but in other cultures these people may be revered as conduits between the physical and the spiritual worlds. Learn some surprising origins of auditory hallucinations and appropriate treatment strategies for the complex, multi-dimensional problem of psychosis.

Healing the Parallel Self **T3 (2 CE hrs)**

Phil Mollon, PhD, DCEP

Do you ever feel like you are working with only half the person? The "present self" vs the "parallel self" is analogous to the dichotomy between particle and anti-particle. The parallel self is viewed not as a repressed, repudiated, or shadow aspect, but as a structurally hidden twin that is often in need of energy healing in its own right.

Conquering Anger Mountain: Full Spectrum Anger Literacy **T4 (2 CE hrs)**

David Gruder, PhD, DCEP

Anger comes in four distinct varieties, but anger management does not help all of them. However, energy psychology can help build full-spectrum anger literacy. Discover how to help clients transform anger from a source of damage to a doorway into healthy empowerment and relationship enhancement.

Multidimensional Presence: Transformational Tools for Clinicians and Clients **T5 (2 CE hrs, Excludes NBCC)**

Debra Greene, PhD

"Be here now" is a popular spiritual axiom, but lack of presence has palpable energetic effects. In this session we will explore lack of presence on multiple dimensions, discover the implications of this for a therapeutic setting, and learn energy-based ways to correct it.

Translating Words Into Action: Using Tai Chi as Therapeutic Metaphor **T6 (2 CE hrs)**

Michael DeMolina, PhD(c), LPC, DCEP

With names like "Wave Hands Like Clouds" and "Grasping Sparrow's Tail" it becomes evident that Tai Chi is symbolic, archetypal, and potentially therapeutic in nature. Explore how these postures can be overlaid with Five Element Theory, expanding your repertoire of in-office interventions and take-home work.

Past Life Legacies Impact Current Lives: Uncover and Resolve Symptoms Using Multiple Approaches **T7 (2 CE hrs)**

Barbara Folts, MS

Expanding the focus from current life energy to past life energy offers therapists a powerful tool when dealing with clients' upsetting issues. Discover the symptoms and clues that suggest past life legacies are present. Experience multiple approaches for reincarnation resolution, including energy psychotherapy.

Eastern Medicine Meets Western Medicine: Brain Imaging Proves the Efficacy of Energy Medicine **T8 (2 CE hrs)**

Jef Gazley, LMFT, DCEP

You will receive a detailed overview of revolutionary brain imaging research that shows the efficacy of homeopathy and NET energy psychology. The acupoints for the neurotransmitters will be illustrated and supplement testing for those neurotransmitters will be shown.

Empower and Protect your Practice! The Legalities of Marketing Your Energy Psychology Practice Website **T9 (2 CE hrs)**

Midge Murphy, JD, PhD

This lively, interactive seminar will provide you with practical advice on how to legally and ethically market your practice—especially on your website. You will also learn essential risk management strategies to reduce your potential liability. Bring your questions and concerns!

Connect and Collaborate

Learning Lab Tracks

T1 Fundamentals of EP
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T3 Specific Approaches

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T5 Enhancing Practitioner Authenticity & Presence
T6 Roots of Energy Psychology

T7 Spirituality & Consciousness
T8 Body-Focused Therapies
T9 Potpourri of EP

Invited Presentations D

SATURDAY, MAY 30 2:00PM - 3:15PM

Nutrition is Energy Medicine: 7 Essential Nutritional Interventions Every EP Practitioner Should Know (1.25 CE hrs)

You will learn how anxiety, depression, addiction and other mental and emotional symptoms are related to imbalances in brain and body chemistry.

You will discover how diet, supplements and lifestyle changes can have a profound effect on mind, mood and energy, and enhance your behavioral interventions. Seven key nutritional interventions will help you to help your clients safely and effectively. Thousands of individuals have been successfully treated this way.



Hyla Cass, MD is board-certified in psychiatry and neurology (ABPN) and integrative and holistic medicine (ABIHM). Kyla has appeared on The Dr. Oz Show, The View, and numerous radio shows. She is author of several popular books including: *Natural Highs*, *The Addicted Brain* and *How to Break Free*, and *8 Weeks to Vibrant Health*.

Measuring, Mapping and Harmonizing the Human Biofield (1.25 CE hrs)

A detailed exploration of the known anatomy and physiology of the biofield will be presented, including the chakras, nadis/meridians/bonghan ducts, acupuncture/varma and assemblage points, as well as the structure of the layers of the human biofield. A review of biofield research and energy based therapies will show the range and depth of scientific evidence. Live demonstrations of the latest subtle energy technologies, such as the Biofield Viewer and infrared imaging, will reveal the biofield response to energy psychology modalities in real-time.



Thornton Streeter, DSc founded the Centre for Biofield Sciences at the UNESCO World Peace Centre, Pune, India in 1998 after collecting an array of subtle energy devices to investigate the biofield.

Kimberly Schipke, MS has degrees in biomedical engineering, specializing in device design. For the last five years, they have worked together to develop an ideal subtle energy research facility and conduct research projects globally.

SATURDAY, MAY 30 3:30PM - 4:45PM

"Big Question" Conversations: Two Panels (1.25 CE hrs)

Join leaders in the field as they discuss some of the most challenging questions that face us as healers and practitioners of energy psychology. Our intention is to provoke thought and challenge the status quo. There will be two simultaneous panels.

Questions may include:

- To what extent do spirituality, transpersonal consciousness and the invisible dimensions influence how we work with clients? Do we focus chiefly on complaints or do we invite people into deeper conversations?
- How do we understand the relationship of EP to: a) Qigong, b) energy medicine, c) mindfulness, d) so-called parapsychology, e) psychology, and f) consciousness studies/techniques?
- Like yin and yang, there is polarity between skill acquisition and wisdom acquisition. How do we describe the relationship between these two poles? Does the authenticity or "energetic vibration" of the practitioner trump any specific skill or tool? Is it the other way around?

Participants

Dan Benor, MD, developer of WHEE, author of *Seven Minutes to Natural Pain Release*; editor, *International Journal of Healing and Caring*.

Asha Clinton, LCSW, PhD, developer of Advanced Integrative Therapy. A former Princeton University professor, she has been in full-time practice for 33 years.

Roger Jahnke, OMD, author of *The Healer Within* and *The Healing Power of Qi*, was among the first American doctors of Chinese medicine over 35 years ago.

Ann Nunley, PhD, CEO of ISSSEEM and dean of Holos University.

Robert Schwarz, PsyD, DCEP, executive director of ACEP, organizer of the last seven ACEP conferences and author of *Tools for Transforming Trauma* as well as *We're No Fun Anymore*.

Mary Sise, ACSW, DCEP, past president of ACEP and co-author of *The Energy of Belief*. She is the program director of Her Holiness Sai Maa's Transformational Healers Program.

"When I go to a conference, not only do I want to reconnect with colleagues and friends, I'd like to enjoy it. I want it to be scientific, personal, experiential and something that I can feel joyful about. The ACEP annual conference provides a really good balance." – Jed Diamond, PhD, best-selling author

Morning Workshops E

SUNDAY, MAY 31 8:00AM - 10:00AM

First Steps Toward Mastering the Chakras **T1 (2 CE hrs)**

Joanne Karpenin, PhD, DCEP

For many beginning energy psychology practitioners, the chakra system seems mysterious and complicated to treat. This presentation offers a lively, engaging introduction to the chakras. Several simple methods of chakra balancing will be demonstrated, as well as ways to make these methods even more effective.

Humanitarian Aid in Guatemala: Advanced Integrative Therapy's Path From Mission to Vision **T2 (2 CE hrs)**

Ligia Barascout, MS; Catherine Folkers, MSW; Mary Branch Grove, LCSW & Nita Rowinski, LCSW

The Advanced Integrative Therapy Humanitarian Aid Project in Guatemala began when Asha Clinton and Ligia Barascout met. In 12 years, the project developed into a structured, flexible program that meets the trauma treatment needs of professionals and laypersons. We will identify sustaining steps taken.

Treat Anxiety Using Earth, Water, Fire and Air Breaths with Heart Rhythm Meditation **T3 (2 CE hrs)**

Elijah Gary Imlay, LCSW & Linda Turner, MS, LMFT

Have you ever felt like you were breathing upward when you felt inspired, or forward when you were accomplishing a goal? This session will introduce you to four energetic breathing methods, Air, Fire, Water and Earth, with practical applications in the treatment of anxiety.

The Power of Group Healing: Using Energy Psychology in Groups to Address Vicarious Traumatization **T4 (2 CE hrs)**

Rachel Michaelsen, LCSW, DCEP

Learn the power of energy psychology groups to address vicarious traumatization. Hearing traumatic material can result in vicarious traumatization, which can negatively impact your clinical work and personal life. You will have the opportunity to experience or observe an EP group addressing vicarious traumatization symptoms.

The Heart of the Therapist: Incorporating Intuition and Presence as Therapeutic Skills **T5 (2 CE hrs)**

Philippe Isler, MA

This session will help you think in a more conscious way about your relationship with both technique and intuition, and about the possibilities of integrating them and grounding both in presence. Presence then becomes a means to practice effortless, effective action guided by intuition.

Therapist Presence and Client Connection: A Tool to Maximize Therapeutic Impact in Energy Therapies **T6 (2 CE hrs)**

Christine Bair, PhD, LMFT

Regular practice of heart-centered meditation produces therapist coherence and client connection. This maximizes the potential for therapeutic success when combined with any therapy technique. Emerging science provides supportive evidence of possible mechanisms of action.

Spirituality, Mindfulness, and Altered States: An Integrated Approach with Couples and Sexuality **T7 (2 CE hrs)**

Tammy Nelson, PhD & D'Arcy Swanson, MC, LPC

This workshop will focus on creating intimacy and resolving conflict for couples that struggle with communication impasses, conflict, sexual issues, and/or infidelity. Prioritizing heightened consciousness and energy awareness by tantric, shamanic, and modern therapeutic approaches allows clients to create a more expansive, fulfilling relationship.

Healing with Therapeutic Touch: High-Touch In a High-Tech World **T8 (2 CE hrs)**

Kathy Wilmering, ARNP, DCEP

Therapeutic Touch (TT) is a modern-day interpretation of ancient healing practices. In this workshop you will learn the principles of TT and how it is applied in settings around the world, see a demonstration, and practice a piece of the process.

Good Vibrations: Sound Therapy and TCM for Individuals, Groups and Communities **T9 (2 CE hrs)**

Ellen Franklin, PhD

Learn to integrate the use of sound tools for individual, group, and community therapy. You will work with tuning forks, Tibetan bowls, and chimes, and learn how to create appropriate energetic space with sound vibration to promote optimal health and well being in a therapeutic setting.

Experience Serendipity

Learning Lab Tracks

T1 Fundamentals of EP
T2 Specific Populations
T3 Specific Approaches

T4 Integrated Approaches to Energy Psychology
T5 Enhancing Practitioner Authenticity & Presence
T6 Roots of Energy Psychology

T7 Spirituality & Consciousness
T8 Body-Focused Therapies
T9 Potpourri of EP

Morning Workshops F

SUNDAY, MAY 31 10:30AM - 12:30PM

Orientations to Chinese Meridians T1 (2 CE hrs)

Michael Galvin, PhD, DCEP

We will explore the history of acupuncture meridians and the confluence of events that resulted in meridian-based energy psychology. You will learn how meridian acupoints came to be applied by tapping, touching, or other stimulation in a variety of EP procedures.

Using Energy Psychology with First Responders and Military Personnel: Where Do I Begin? T2 (2 CE hrs)

Tom Greenhalgh, LCSW, MACJ & Jim McAninch, CEAP, CTR

First responder and military clients can offer some of the most rewarding experiences for an interventionist. Knowing where to begin and what to avoid with these groups can mean the difference between success and failure. Come share the lessons learned in working with these populations.

Tackling the Impostor Syndrome and Psycho-social Alienation with BSFF™ T3 (2 CE hrs)

Alfred Heath, MA, LPC & Jane Beard, CEHP

We will explore the widespread phenomena of the impostor syndrome and psychosocial alienation, and their impact on clinicians, coaches, and clients. Using Be Set Free Fast™, we will demonstrate with volunteers and lead experiences designed to remove these subconsciously held obstacles to authenticity and presence.

Wholehearted Psychotherapy: An Integrated Model Empowering Authentic Self Discovery T4 (2 CE hrs)

Kathleen Milano, PhD, DCEP

The model of Wholehearted Psychotherapy empowers clinicians and clients to remain authentically present within an integrated treatment approach that uses heart-focused energy psychology, positive psychology, mind-

body, and contemplative practices. Facilitate empowerment and healing with an intentional approach that engages your client's intelligent mind-body-spirit-energy system.

Integrate Your Authentic Presence Online: Using Social Media and the Web For Growth and Service T5 (No CE hrs)

Betsy Muller, MBA, CEHP

Online presence is essential, yet requires time, content and a willingness to interact with your audience. Learn simple, ethical ideas for customizing your integrated online communication outreach with an emphasis on ways to be the same authentic, ethical, polite and present practitioner who shows up in person.

Archetypal Shamanic Energy Medicine: A Wisdom Wheel Teaching T6 (No CE hrs)

Gaisheda Kheawok

In the shamanic tradition, the archetypal wisdom of the inner landscape is paramount to understanding the wisdom of the soul. Deepen your perceptions of Shamanic Archetypal Energy Medicine—the science and language of image and vibrational expression—in conjunction with existing energy psychology practices and modalities.

Connecting with Nature's Energy through Mindfulness, Visual Imagery and Narrative T7 (2 CE hrs)

Paula Hartman Stein, PhD

This experiential workshop combines mindfulness exercises, spiritual intention and narrative psychology techniques to create healing energetic connections with nature.

Benefits of Energy Psychology in the Treatment of Autoimmune Disorders: A 7-Step Protocol T8 (2 CE hrs)

Anne Merkel, PhD

Learn how you can support the growing audience of autoimmune sufferers to change their lives and health from that of a "life sentence of suffering" to a "life of awareness and self-maintenance." Benefit from an exploration of extensive research and a colleague's personal experience.

Understanding Feedback from the Bio-Field: The Synergetic Effect of Healing and Sacred Geometry T9 (No CE hrs)

Alicja Aratyn, MEng, DM

Alicja will discuss her work on the relationship between sacred geometry and the human energy field. Kirlian pictures of geometric structures from different belief systems will show their influence on human energy field. This presentation will bring a greater understanding of what happens when you do your work!



TRACKS AT A GLANCE

	Track 1 (T1) Fundamentals of EP	Track 2 (T2) Specific Populations	Track 3 (T3) Specific Approaches	Track 4 (T4) Integrated Approaches to Energy Psychology
* No CE credit † No NBCC credit				
FRIDAY Morning Workshops A 10:30AM - 12:30PM	Ideomotor Cueing: Portal to the Unconscious <i>Lynn Karjala, PhD, DCEP</i>	The Nature of Addiction and Interventions for Relapse Using Energy Psychology <i>Grier Cundill, MA, DCEP</i>	Increasing Presence with Advanced Integrative Therapy <i>Glenn Soberman, PhD</i>	Attachment/ Detachment Trauma: Repairing the Ability to Bond <i>Judith Swack, PhD</i>
Afternoon Workshops B 2:30PM - 4:30PM	Identifying and Treating Systemic Energetic Interferences <i>Joanne Karpinen, PhD, DCEP</i>	Using EFT to Successfully Manage Adolescent Anxiety in School Settings <i>Amy Gaesser, PhD, MSEd</i>	When Ancestors Anchor Client Trauma: Integrating Family Constellations and Energy Psychology† <i>Michael Reddy, PhD, CPC</i>	Energy Psychology Meets Eckert, Shapiro, Johnson, Erickson and You <i>Robert Bray, PhD, LCSW & Suzanne Connolly, LCSW, LMFT</i>
SATURDAY Morning Workshops C 10:30AM - 12:30PM	What's a Psychological Reversal and Why Should I Care? <i>Lynn Karjala, PhD, DCEP</i>	Psychosis: Where Do the Voices Come From?† <i>Barbara Stone, PhD, DCEP</i>	Healing the Parallel Self <i>Phil Mollon, PhD, DCEP</i>	Conquering Anger Mountain: Full Spectrum Anger Literacy <i>David Gruder, PhD, DCEP</i>
SUNDAY Morning Workshops E 8:00AM - 10:00AM	First Steps Toward Mastering the Chakras <i>Joanne Karpinen, PhD, DCEP</i>	Humanitarian Aid in Guatemala: Advanced Integrative Therapy's Path From Mission to Vision <i>Ligia Barascout, MS; Catherine Folkers, MSW; Mary Branch Grove, LCSW & Nita Rowinski, LCSW</i>	Treat Anxiety Using Earth, Water, Fire and Air Breaths with Heart Rhythm Meditation <i>Elijah Gary Imlay, LCSW & Linda Turner, MS, LMFT</i>	The Power of Group Healing: Using Energy Psychology in Groups to Address Vicarious Traumatization <i>Rachel Michaelsen, LCSW, DCEP</i>
Morning Workshops F 10:30AM - 12:30PM	Orientations to Chinese Meridians <i>Michael Galvin, PhD, DCEP</i>	Using Energy Psychology with First Responders and Military Personnel: Where Do I Begin? <i>Tom Greenhalgh, LCSW, MACJ & Jim McAninch, CEAP, CTR</i>	Tackling the Impostor Syndrome and Psycho-social Alienation with BSFF™ <i>Alfred Heath, MA, LPC & Jane Beard, CEHP</i>	Wholehearted Psychotherapy: An Integrated Model Empowering Authentic Self Discovery <i>Kathleen Milano, PhD, DCEP</i>

KEYNOTES & SPECIAL EVENTS

THURSDAY	9:00AM - 5:00PM	6th Annual Research Symposium
	Keynote 7:30PM - 9:15PM	Tailoring Mindfulness: Fitting the Practice to the Person <i>Ronald Siegel, PsyD</i>
	9:30PM - 10:30PM	Meet New Friends at the Speed of Light
FRIDAY	Keynote 8:00AM - 10:00AM	Recent Breakthrough's in Energy Medicine <i>Jim Oschman, PhD</i>
	12:30PM - 2:30PM	Lunch and Annual Meeting
	Keynote 5:00PM - 6:45PM	Full-Spectrum Presencing: The Evolutionary Power of Being Real and Being Fully Here <i>Kathlyn Hendrix</i>

Every morning: early morning energizers and complimentary breakfast (with gluten-free options)

About the Track System: You are NOT required to sign up for a specific track. You can still attend any workshop at the conference. The purpose of the track system is to make the many options less overwhelming. You can create a conference experience that is customized to suit your needs. Some workshops fit more than one track.

Track 5 (T5) Enhancing Practitioner Authenticity & Presence	Track 6 (T6) Roots of Energy Psychology	Track 7 (T7) Spirituality & Consciousness	Track 8 (T8) Body-Focused Therapies	Track 9 (T9) Potpourri of EP	* No CE credit † No NBCC credit
Intuition and Energy Psychology: Enhancing Your Personal Guidance System <i>Lori Chortkoff Hops, PhD</i>	Energy Psychology and Transpersonal Psychotherapy: Expanding Treatment Options <i>Michael Mayer, PhD</i>	Trauma-Based Spiritual Experiences and Posttraumatic Growth: A Mixed-Methods Study <i>Darleen Lindstrom, PhD, LISW-S</i>	Optimal Presence: Using Somatic, Color and Energy Psychologies to Enhance Listening and Relationality* <i>Brent Baum, SSL, CADC</i>	Matrix Reimprinting: Rewrite Your Past, Transform Your Future* <i>Alina Frank & Elizabeth Boath, PhD</i>	FRIDAY Morning Workshops A 10:30AM - 12:30PM
Therapeutic Presence: The Heart of Effective Energy Psychology Interventions <i>John Diepold Jr, PhD, DCEP</i>	The Heart Pathway: The Nine Palaces of the Heart and What they Mean in Chinese Medicine and Trauma† <i>Ted Cibik, DP, DMQ</i>	Collaboration: The Role of Awakened Consciousness in Psychotherapy Practice <i>Marilyn Stickle, LCSW, BCD & Carol Fitzpatrick</i>	Transforming Moods: The Combination of Energy Therapies, Yoga and Meditation <i>Shannon Arnett, MA, CEHP</i>	Phantom Pain: A Model for the Role of Trauma "Blocked" Energy in Chronic Pain <i>Rick Leskowitz, MD</i>	Afternoon Workshops B 2:30PM - 4:30PM
Multidimensional Presence: Transformational Tools for Clinicians and Clients† <i>Debra Greene, PhD</i>	Translating Words Into Action: Using Tai Chi as Therapeutic Metaphor <i>Michael DeMolina, LPC, DCEP</i>	Past Life Legacies Impact Current Lives: Uncover and Resolve Symptoms Using Multiple Approaches <i>Barbara Folts, MS</i>	Eastern Medicine Meets Western Medicine: Brain Imaging Proves the Efficacy of Energy Medicine <i>Jef Gazley, LMFT, DCEP</i>	Empower and Protect your Practice! The Legalities of Marketing Your EP Practice Website <i>Midge Murphy, JD, PhD</i>	SATURDAY Morning Workshops C 10:30AM - 12:30PM
The Heart of the Therapist: Incorporating Intuition and Presence as Therapeutic Skills <i>Philippe Isler, MA</i>	Therapist Presence and Client Connection: A Tool to Maximize Therapeutic Impact in Energy Therapies <i>Christine Bair, PhD, LMFT</i>	Spirituality, Mindfulness, and Altered States: An Integrated Approach with Couples and Sexuality <i>Tammy Nelson, PhD & D'Arcy Swanson, MC, LPC</i>	Healing with Therapeutic Touch: High-Touch In a High-Tech World <i>Kathy Wilmering, ARNP, DCEP</i>	Good Vibrations: Sound Therapy and TCM for Individuals, Groups and Communities <i>Ellen Franklin, PhD</i>	SUNDAY Morning Workshops E 8:00AM - 10:00AM
Integrate Your Authentic Presence Online: Using Social Media and the Web For Growth and Service <i>Betsy Muller, MBA, CEHP</i>	Archetypal Shamanic Energy Medicine: A Wisdom Wheel Teaching* <i>Gaisheda Kheawok</i>	Connecting with Nature's Energy through Mindfulness, Visual Imagery and Narrative <i>Paula Hartman Stein, PhD</i>	Benefits of Energy Psychology in the Treatment of Autoimmune Disorders: A 7-Step Protocol <i>Anne Merkel, PhD</i>	Understanding Feedback from the Bio-Field: The Synergetic Effect of Healing and Sacred Geometry* <i>Alicja Aratyn, M Eng, DM</i>	Morning Workshops F 10:30AM - 12:30PM

SATURDAY

Keynote

8:00AM - 10:00AM

The Polyvagal Theory: The Transformative Power of Feeling Safe *Stephen Porges, PhD*

Invited Presentations D

2:00PM - 3:15PM

Nutrition is Energy Medicine: 7 Essential Nutritional Interventions Every EP Practitioner Should Know *Hyla Cass, MD*

Measuring, Mapping and Harmonizing the Human Biofield *Thornton Streeter, DSc & Kimberly Schipke, MS*

Invited Presentations D

3:30PM - 4:45PM

Big Question Conversations: Two Panels *Dan Benor, MD; Asha Clinton, LCSW, PhD; Roger Jahnke, OMD; Ann Nunley, PhD; Robert Schwarz, PsyD, DCEP; Mary Sise, ACSW, DCEP*

7:00PM - MIDNIGHT

Gala Dinner* with music, dancing and surprises

SUNDAY

Keynote

2:00PM - 3:45PM

Sustainable Happiness: Research and Practice *Sonja Lyubomirsky, PhD*

3:45PM - 4:00PM

Closing Ceremony

Program is subject to change.

*Buffet includes vegetarian and gluten-free options.

Post-Conference Intensives (Additional fee required)

- Space is limited, so **sign up early at energypsych.org** or call 619-861-2237.
- [View workshop objectives](#)

MONDAY, JUNE 1 **9:00AM - 5:00PM**

Creating Authentic Relationships With Ask and Receive (6 CE hrs)

Learn an effective new way of helping couples without blame or compromise using a powerful EP technique called Ask and Receive. Partners witness the other's deep healing and transformation increasing trust, authenticity and responsibility for one's own negative feelings and judgments.

Pamela Altaffer, LCSW, has been a psychotherapist for over twenty-five years. She has used EP for about two decades and has extensive training in couple's therapy. Pam travels internationally teaching Ask and Receive, and is a relationship coach for people around the world.

Thomas Altaffer, MSW, LCSW, a licensed clinical social worker, has extensive training in child and family therapies and neuro-linguistic programming. He has been treating families, couples and children since 1985. Thomas is the creator of the Releasing Technique, Higher States Therapy and co-creator of Ask and Receive.

Mindful Heartful Energy Therapy (6 CE hrs)

Empirical research supports the therapeutic benefits of mindfulness, energy psychology, and the relationship between people. When mindfulness and EP are integrated with heartfelt presence, the synergy accelerates and deepens the results. You will learn detailed strategies for integrating EP/ET and mindfulness within the therapeutic relationship.

Fred Gallo, PhD, is an energy psychology pioneer and author of numerous articles, manuals, and eight books. He is the author of *Energy Psychology* and co-author of *Energy Tapping*.

Kindred Spirits

MONDAY & TUESDAY, JUNE 1-2 **9:00AM - 5:00PM**

Essential Skills in Comprehensive EP - Level 2 (12 CE hrs)

This training program is LEVEL 2 OF A TWO PART SERIES. You must have taken Level 1 to attend. Visit energypsych.org for details and dates of other locations.

The CEP series helps you understand and practice EP within an overall perspective of sound science, practical application and ethical consideration. You will learn an array of EP tools that can be used to customize treatment for specific client needs, along with a framework to integrate these tools within a psychotherapeutic model. This workshop also prepares helping professionals wishing to join ACEP's certification program in comprehensive energy psychology.

Michael Galvin, PhD, DCEP, is a psychologist, psychology professor and supervisor trained in many traditional therapies as well as EP and EMDR. He is co-author of *Energy Psychology and EMDR: Combining Forces to Optimize Treatment*. He trains internationally in EP and EMDR.

Kristin Holthuis, MD, DCEP, is a Dutch family physician who lives and works in Costa Rica, where she has successfully integrated a variety of EP modalities in her heart-centered medical practice. Her passion is to teach other professionals in Latin America the power of energy psychology.

"This conference is the only place I know that embraces such a powerful diversity of disciplines and seeks to integrate them—including energy psychology, EFT, Qigong, neuroscience, and trauma work. It's an immersion experience in the language of subtle energy." – Gary Peterson, MD



Essential Information

HOTEL

Hyatt Regency, Reston 1800 Presidents St., Reston, VA 20190

Group rate: \$149/night

Reserve your room: 703-709-1234 (mention ACEP group rate)

The Hyatt Regency Reston is a four-diamond hotel with a resort-like ambiance and was recently rated by *Conde Nast Traveler* magazine as a Readers' Choice Top 100 Hotel in the US. Located in the heart of Reston town center, you can enjoy a myriad of fine shops and restaurants within walking distance.

Register now at energypsych.org. Join ACEP and save!



MAIN CONFERENCE INCLUDES

- **Full set of conference recordings** (including slides)—a \$250 value
- **Up to 20 CE hours** (+ up to 24 more CE hours for pre- and post-conference events)
- **3 full breakfasts, 1 lunch**

GROUP & STUDENT DISCOUNTS

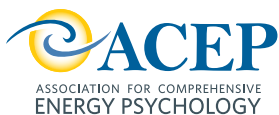
Group discounts for main conference registration only

- 10% discount groups of 3 to 6
- 15% discount groups of 7 or more

To receive your group discount code, contact us BEFORE registering. Call 619-861-2237 or email admin@energypsych.org

Attention Graduate Students We offer special discounts for full time graduate students with official identification

QUESTIONS? 619-861-2237 or admin@energypsych.org



The Association for Comprehensive Energy Psychology is the largest international nonprofit organization of its kind, with 1,200 members promoting professionally responsible energy psychology treatments and collaboration among practitioners, researchers, and licensing bodies.

Want to learn more about ACEP and energy psychology (EP)? Visit our website at energypsych.org.

Special Events

6th Annual Research Symposium (6 CE hrs)

(Free with conference!) [View objectives](#)

THURSDAY, MAY 28 9:00AM - 5:00PM

Meet new friends at the speed of light!

THURSDAY, MAY 28 9:30PM - 10:30PM

Gala Dinner with music, dancing and surprises

SATURDAY, MAY 30 7:00PM - MIDNIGHT

Great food. Hang out with your EP buddies. We guarantee the dance floor will fill up in ten seconds. Visit energypsych.org for details.

Continuing Education Credits (Up to 44 hours!)

[View Conference CE Objectives](#)

CE credit is available for nurses, LMFTs, professional counselors, drug and alcohol counselors, social workers, and psychologists

APPROVED CE PROVIDER BY

- American Psychological Association (APA)
- Association of Social Work Boards (ASWB, 1048)
- National Board of Certified Counselors (NBCC, 5868)
- National Certification and the National Association of Alcohol and Drug Abuse Counselors (NAADAC, 368)



ACEP is approved by the American Psychological Association to sponsor continuing education for psychologists. ACEP maintains responsibility for this program and its content.

The Association for Comprehensive Energy Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5868. Programs that do not qualify for NBCC credit are clearly identified. The Association for Comprehensive Energy Psychology is solely responsible for all aspects of the programs.

ACEP is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) Program. ACEP maintains responsibility for the program. ASWB Approval Period: 2/28/2013 - 2/28/2016. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course can receive up to 44 clinical hours.

Florida: ACEP is an approved provider for A PATH WITH HEART: INTEGRATING EFFECTIVE TOOLS WITH AUTHENTICITY AND PRESENCE for the Association for Comprehensive Energy Psychology Florida CE Broker Tracking #20-475592.

Approved CE provider by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling, Certified Master Social Workers and Florida Board of Nursing (CE Provider #50-10765).

California: ACEP is an approved provider of continuing education (PCE2536) for the California Board of Behavioral Sciences (BBS) for California LMFTs and LCSWs. Presentations designated for CE meet the qualifications for CE credit for MFTs and LCSWs as required by the BBS. ACEP is an approved provider for the California Board of Registered Nursing (Provider #14626)



Audio Library Bonus!

400+ talks for less than 20 cents per lecture!

Register for the conference and get your annual subscription to ACEP's online Audio Library for only \$49. (\$50 off regular price)

CONFERENCE REGISTRATION

Prices are in US\$.

We encourage you to [register online at energypsych.org](http://energypsych.org). For mail or fax registration, please fill out this page.

Name _____ Degree _____ **First conference?**
Address _____ Yes No
City _____ State/Province _____ Zip/Postal Code _____ **ACEP Member?**
Country _____ E-mail _____ Yes No
Phone _____ Profession _____ To be eligible for the member registration fee, you must be a current ACEP member through June 2015.

Physical Needs: Please check here if you require special accommodations to participate in the conference, and fax a written description of your needs to 484-418-1019.

1. Main Conference Registration

(Friday, May 28 - Sunday, May 31) Please check one category

Registration deadlines:	Until 2/17	2/18 - 3/31	4/1 - 5/12
Main Conference (Fri-Sun)			
Member / Non Member	<input type="checkbox"/> \$475 / \$560	<input type="checkbox"/> \$525 / \$610	<input type="checkbox"/> \$575 / \$660
Full Time Student*	<input type="checkbox"/> \$315	<input type="checkbox"/> \$365	<input type="checkbox"/> \$415
Two Day Conference Choose days: <input type="checkbox"/> Fri & Sat <input type="checkbox"/> Sat & Sun			
Member / Non Member	<input type="checkbox"/> \$385 / \$450	<input type="checkbox"/> \$425 / \$490	<input type="checkbox"/> \$465 / \$530
Full Time Student*	<input type="checkbox"/> \$250	<input type="checkbox"/> \$290	<input type="checkbox"/> \$330

Group Discounts (For Main Conference Registration Only)

3-6 people - 10 % discount | 7 or more - 15% discount

BEFORE YOU REGISTER: Call 619-861-2237 or email admin@energypsych.org to receive your discount code.

2. Pre-Conference Registration

(Thursday, May 27 - Friday, May 28) Please check one category

Registration deadlines:	Until 2/17	2/18 - 3/31	4/1 - 5/12
(P1) EFT Professional Skills 1: Two Day Pre-Conference (Thurs-Fri)			
Member / Non Member	<input type="checkbox"/> \$325 / \$365	<input type="checkbox"/> \$325 / \$365	<input type="checkbox"/> \$355 / \$395
Full Time Student*	<input type="checkbox"/> \$190	<input type="checkbox"/> \$190	<input type="checkbox"/> \$220
(P2) CEP Level 1: Two Day Pre-Conference (Thurs-Fri)			
Member / Non Member	<input type="checkbox"/> \$355 / \$395	<input type="checkbox"/> \$355 / \$395	<input type="checkbox"/> \$395 / \$435
Full Time Student*	<input type="checkbox"/> \$230	<input type="checkbox"/> \$230	<input type="checkbox"/> \$270
One Day Pre-Conference (Friday) Pricing is only with conference. Visit energypsych.org for stand-alone pricing.			
<input type="checkbox"/> (P3) Advanced Integrative Therapy Treatment of PTSD <input type="checkbox"/> (P8) Repurposing Your Skills as a Leader TheraCoach			
<input type="checkbox"/> (P4) Are Your Clients "Allergic" to Money? <input type="checkbox"/> (P9) Restoring the Flow of Frozen Energy			
<input type="checkbox"/> (P5) Embodying the Presence <input type="checkbox"/> (P10) Synergetic Therapy			
<input type="checkbox"/> (P6) Integrating Energy Psychology <input type="checkbox"/> (P11) Transforming Energy Psychology			
<input type="checkbox"/> (P12) Transforming Grief			
Member / Non Member	<input type="checkbox"/> \$145 / \$165	<input type="checkbox"/> \$170 / \$190	<input type="checkbox"/> \$195 / \$215
Full Time Student*	<input type="checkbox"/> \$90	<input type="checkbox"/> \$115	<input type="checkbox"/> \$140

*You must be a full time graduate student and join ACEP as a student. Submit copy of student ID card with registration.

Register Now at energypsych.org

Or mail/fax registrations to:

ACEP, 233 E Lancaster Ave., Suite 104, Ardmore, PA 19003, USA

Phone: 619-861-2237 • Fax: 484-418-1019 • Email: admin@energypsych.org

3. Post-Conference Registration

(Monday, June 1 - Wednesday, June 3) Please check one category

Registration deadlines:	Until 2/17	2/18 - 3/31	4/1 - 5/12
One Day Post-Conference (Monday) Pricing is only with conference. Visit energypsych.org for stand-alone pricing.			
<input type="checkbox"/> Creating Authentic Relationships <input type="checkbox"/> Mindful Heartful Energy Therapy			
Member / Non Member	<input type="checkbox"/> \$145 / \$165	<input type="checkbox"/> \$170 / \$190	<input type="checkbox"/> \$195 / \$215
Full Time Student*	<input type="checkbox"/> \$90	<input type="checkbox"/> \$115	<input type="checkbox"/> \$140
CEP Level 2: Two Day Post-Conference (Mon-Tues)			
Member / Non Member	<input type="checkbox"/> \$355 / \$395	<input type="checkbox"/> \$355 / \$395	<input type="checkbox"/> \$395 / \$435
Full Time Student*	<input type="checkbox"/> \$230	<input type="checkbox"/> \$230	<input type="checkbox"/> \$270

4. Special Events

- \$30 Thursday Keynote** (Free with pre-conference workshops)
- \$70 Saturday 17th Annual Celebration Dinner Buffet & Dancing**

5. Total Fees & Payment

Payment must be sent with your registration form (US\$ only). All non-US members will be charged US\$ equivalent when credit card is processed.

	Total Fee	Less Group Discount	Subtotal
Main Conference	\$	\$	\$
Pre-Conference	\$	N/A	\$
Post-Conference	\$	N/A	\$
Special Events	\$	N/A	\$
GRAND TOTAL			\$

Enclosed is my check payable to **Association for Comprehensive Energy Psychology** in the amount of \$ _____
(Payment from outside the U.S. must be made with credit card)

Charge \$ _____ to the following card:

VISA Discover MasterCard (Sorry, American Express not accepted)

Card # _____

Expiration Date _____ Security Code _____

Name as appears on card _____

Credit Card Billing Address _____

Signature _____

Registrations must be postmarked, faxed or web registered by dates indicated, without exception, to receive discounted rates. All registrations received after 5pm Eastern time on May 12 will be processed as on-site registrations at the on-site rate. Once your conference registration form is received and processed, you will receive an email confirmation. Please allow ten days for processing. **Cancellations/Refunds:** Cancel before Monday, April 13, 2015: full refund; Between April 14 and May 18, 2015: refund minus \$60 processing fee; After May 18: no refunds.

ACEP grievance policy: If you have a grievance related to any workshop issue, please contact Executive Director Robert Schwarz at (619) 861-2237 or email acep_ed@energypsych.org